

Your **LIFE!**

MAGAZINE

September 2017
A FREE PUBLICATION

LOCAL INTEREST CALENDAR HEALTH FINANCE HOME & GARDEN ENTERTAINMENT THEATRE TRAVEL DINING FAMILY RETIREMENT LIVING

SEPTEMBER'S
SPECIAL FEATURE

THE **ART** *of*

ENTERTAINMENT

2017 Season
A&E GUIDE
starts on page 4

**INSIDE
THIS
EDITION**

~page 5



Plan Your **WINTER ESCAPE** Now...and SAVE with Country Travel DISCOVERIES of Elm Grove!

Wet & Cold Season Predicted for Our Region



Experience the 129th Tournament of Roses

Rose Parade Holiday

*Escape to an Unforgettable New Year Filled with
Pomp and Pageantry*

5 Days • 7 Meals • Dec 29, 2017-Jan 2, 2018 Depart/Return: LA, CA
Price Per Person: Double: \$1,547; Single: \$1,815
CountryTravelDiscoveries.com/ROS

Experience the pageantry of the world-famous Tournament of Roses, up close and personal! Let the music echo through your body, the fragrance swirl around you in a way that is palpable and exciting. You'll be astonished to

discover how wholly different the *real* Rose Parade spectacle is from any televised event. Enjoy amazing street-level access for watching the floats go by and prizewinning bands perform, and even opt to arrive early and help decorate one of the floats yourself! Explore sunny Southern California, visit Hollywood and L.A. hotspots, dine on the Queen Mary and reminisce about a bygone era rich with history, elegance and grandeur.



Visit Hemingway's House in Key West

Florida Keys & the Everglades

A Winter Escape to Discover Florida's Unique Island Chain

7 Days • 11 Meals • Jan 21-27 • Apr 29-May 5 • Oct 14-20 Depart/Return: Ft. Myers, FL
Price Per Person: Jan/Apr: Double \$1,977; Single \$2,595 Oct: Double \$1,927; Single \$2,475
CountryTravelDiscoveries.com/FLK

Journey down the scenic 110-mile Overseas Highway through the narrow islands of Florida's Keys. Journey through iconic Key Largo, lush wildlife reserves and marine sanctuaries, romantic beach scenes, tropical forests, and one of the longest segmental bridges in the world. Then, stay in colorful Key West, the nation's southernmost city (it's actually closer to Havana, Cuba than Miami). You'll love its street entertainment and artists, festivity, literary heritage, dining opportunities and more!



Discover Polynesian Culture and History

Hawaii's Hidden Gems

*A Dazzling Winter Escape to the "Paradise
of the Pacific"*

11 Days • 16 Meals • Feb 22-Mar 4 Depart/Return: Honolulu/Maui, HI
Price Per Person: Double: \$4,997; Single: \$5,755
CountryTravelDiscoveries.com/HAW

Each of Hawaii's islands has its own allure, but like gems in a precious jewelry setting, their collective brilliance is all the more dazzling. This artfully paced, island-hopping adventure is designed

to showcase the diverse natural, cultural, and culinary wonders of three islands—Oahu, Hawaii and Maui. Marvel at the world's only "drive-in" volcano, rainbow-studded waterfalls, black sand beaches, rainforest lagoons, and the most stunning natural and resort settings on earth. Savor scents and tastes only found in Paradise, from your morning Kona coffee to blooms of the Akatsuka Orchid Gardens to the chocolates and soaps of Kokoleka Lani Farm.

HAWAII SPECIAL: Free Air To Hawaii Up to \$700.00 per person if booked by Nov. 30, 2017! (Air booking assistance available.)



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50" Stamped Deck
with Full Rollers
Automatic Traction
Control

Suggested Sale Price
\$4199
Our Price
\$3599
After Rebate

Model #2691279
25HP B&S, V-Twin,
48" Fabricated Deck,
High Speed
Transmission
Rear Suspension

Suggested Sale Price
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Our Price
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High Speed Transmission
Full Suspension
Power Steering



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NOVEMBER 24-26

CHECK OUT OUR UPCOMING SHOWS

Janet Jackson October 22

WWE Smackdown Live October 24

Guns N' Roses November 7

Katy Perry..... December 4

The Original
Harlem Globetrotters December 31

2CELLOS..... January 24

Lorde..... March 1

For the latest on upcoming events: bit.ly/BMOHBC-Events

bmoharrisbradleycenter.com 



2017 A&E SEASON GUIDE

I think people feel starved of nice, glamorous entertainment. They want to see costumes and gaiety and a singer; old-fashioned entertainment - it won't die easily.

~Ronnie Corbett

Entertainment is part of the human soul.

BMO HARRIS BRADLEY CENTER

414.227.0894 / 1001 N. 4th St., Milwaukee

www.bmoharrisbradleycenter.com

Starting its 30th and final season, the BMO Harris Bradley Center is the downtown live entertainment destination that turns moments into memories. Home to the Milwaukee Bucks and the Marquette Golden Eagles men's basketball team, the Center offers family fun, concerts, sports and special events for fans of all ages.

Oct 22: Janet Jackson

Oct 24: WWE Smackdown Live

Nov 7: Guns 'N Roses

Nov 24-26: Marvel Universe LIVE! Age of Heroes

Dec 4: Katy Perry

CONCORDIA UNIVERSITY THEATRE

262.243.2035 / Todd Wehr Auditorium / 12800 N. Lake Shore Dr., Mequon

www.cuw.edu

Concordia University Players are a group of Concordia theatre and non-theatre students who participate in CUW Theatre productions, directed by theatre faculty and professional artists. We produce 3-5 plays a year across genres.

Nov 9-12 "The Music Man"

EARLY MUSIC NOW

414.225.3113 / Performing at various locations / www.earlymusicnow.org

Early Music Now presents historically informed, period instrument and vocal performances of Medieval, Renaissance and early Baroque music, performed in landmark Milwaukee venues.

Oct. 21, 5pm/Grace Lutheran Church, 1209 N. Broadway, Milw: Capella Pratensis, a 7 member vocal ensemble from the Netherlands, polyphonic 16th century music celebrating the 500th anniversary of the Reformation.

Nov. 11, 5pm: St. Paul's Episcopal Church, 914 E. Knapp St., Milw: La Poeme Harmonique, French instrumental and vocal group program demonstrating lively Spanish dances of the Baroque era.

Dec. 9, 5pm & Dec. 10, 3pm/St. Joseph Chapel, 1501 S. Layton Boulevard, Milw: The Boston Camerate with SHARQ Music Ensemble joins Arab and Western music spanning 700 years celebrating the Christmas story as told throughout the Mediterranean coastal region.

2017 A&E Season Guide continued on page 6



From the Publishers

SEPTEMBER 2017

Summer?! What Summer!!? How can a 3 month summer in Wisconsin feel shorter than a week vacation in the Bahamas? Time flies when you're having fun - or not. So don't let a few crunchy leaves and cool breezes slow down the wonderful autumn activities and good times in our beautiful state. (page 13)

Milwaukee is rich in Arts and Culture and the cooler weather is a wonderful reason to enjoy a glass of wine, a good dinner and cozy seats watching a local performance. This month we feature our annual 2017 Season A&E Guide on page 4!

My green thumb went a bit dull this garden season - the beets are still only an inch high after 2 months and I don't think we've even seen the spinach! Thank goodness for all the Farmer's Markets and their bounty. I'll be volunteering at the Brown Deer market on Wednesday so come visit and enjoy some healthy freshness and a friendly chat!

Our daughter takes a dive into 8th grade this year. Couldn't believe we had to spend \$100 on a calculator but when she becomes the anesthesiologist she's thinking about, I'm sure she'll pay us back... or she'll just put us out! We look forward to another year of Girl Scouts and cookies sales, basketball games, fundraisers, track, musicals, mentoring and taxi service. Really, we do - it's fun to watch this little person grow up and become who they are with all their beautiful idiosyncrasies. It's awesome to witness God's plan, and our part in it, as we all journey through. Please pass along warm thoughts of healing and peace as we also say goodbye and 'see you soon' to George (Papou) Draelos, Tom's father.

Enjoy the new season of Wisconsin's awesome palette and another publishing year from our family to yours!

LIFE. *Enjoy it!*

Sandy and Tom Draelos



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Every story has an end.

But the story is never forgotten. Papa George ended his story this August. At 91, after winning a fight with pneumonia, fighting like a true Greek Spartan, other complications were just too much to handle after such a long life lived.

A proud immigrant of Greece, born in Athens and coming to the U.S. through Ellis Island when he was one, George was the epitome of the American Dream. What a life! One of the first residents of Park Lawn Projects, he often recalled how those days of close family communities created many warm memories... cutting ice blocks from the Milwaukee River, playing baseball on what is now Hwy 41, unloading box cars at Schlitz Brewery and watching Frank Lloyd Wright build the Greek Annunciation Church on 92nd Street.

A roadie with the Hal McIntyre band, he knew Jackie Gleason and had his entire act on 3x5 notecards so he could perform them for family and friends. He joined the Army and served in the Korean War. He graduated from Marquette University even while battling Greek oppression in Milwaukee and went on to become an appraiser for the city. He supported his family to become pillars in the community, lost his wife to MS and raised two outstanding kids - my husband Tom and his sister Lynn. He was the sweetest, kindest 'gentle' man - never forgetting to hold the door or call me 'sweetheart' at every greeting. An example of that came when Tom and I were being rather ornery towards someone one day - he just very quietly said "Don't be that way." Shortest and sweetest lecture I ever had and delivered with such quiet authority.

Never without a joke, George delivered punch lines with the best of them, quietly and with just the softest smile. His latest favorite - "Been thinking about the Hereafter alot these days. I walk into a room and wonder what am I 'here after'. :) He was just beginning to teach us to say the 'Our Father' in Greek and what a loss that we can't finish that together.

No matter how much time we get to spend with the ones we love, in the end it is never enough. Peace to you Papa George.



Your Life! Magazine (formerly Boomers!) is a monthly publication serving the 45 and above readership of Milwaukee, Waukesha, Washington and Ozaukee counties.

We provide informative, helpful & entertaining content which relates to the issues facing this diverse, active, mega-consumer market!

PUBLISHER / Editor

Sandra (Hill) Draelos

ADVERTISING

Vicki Huber | Kelly Larson
Ginny Mike

OPERATIONS MGR

Thomas Draelos

GOPHER / Amara May



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Entry Deadline: Sept 26, 2017





Sex Please WE'RE SIXTY

September 15-October 1, 2017

A popular bed and breakfast gets turned upside down in this saucy, senior farce!



Box Office: 262-547-0708

waukeshacivictheatre.org

264 W. Main St. Waukesha, WI 53186

WAUKESHA CIVIC THEATRE

ENTERTAINMENT

2017 A&E SEASON GUIDE

continued from page 4

ELVIS PRINCE

414.628.2677 / Gina Rachminova

Tripoli Shrine Center / 3000 W. Wisconsin Ave

www.reverbnation.com/elvisprince

"Elvis, The Aloha Concert." Elvis and The Blue Suede Shoes recreating the legendary 1973 Aloha Concert from Hawaii.

Nov. 18, 7 pm: Elvis and The Blue Suede Shoes

FALLS PATIO PLAYERS

262-853-0893 / N78 W15380 Rosewood Drive, Menomonee Falls

North Middle School Auditorium

www.fallspatioplayers.com

Falls Patio Players was established at a meeting in 1966 on the "patio" outside of the school in Menomonee Falls, where we still perform. Our 2016 production of *My Fair Lady* was voted "Best Musical by a non-professional company" by Footlights and viewers. Check us out. You won't be disappointed.

Sept 8, 9 & 10: "Over Here a Patriotic Review"

Dec 1 - 3: "Christmas Carol"

FESTIVAL CITY SYMPHONY

414-365-8861 / Concerts at the Pabst Theatre / 414-365-8861

www.festivalcitysymphony.org

Showcases the talents of area professional musicians in presenting free classical "pops" concerts geared to children at the Marcus Center, reasonably priced concerts at the Pabst for general audiences and outreach concerts targeting schools. The area's oldest performing symphony orchestra. Join us for Symphony Sundays at the Pabst Theater and free Pajama Jamborees at the Marcus Center Bradley Pavilion.

Sept. 27: "Tunes and Tails - Pajama Jamboree Concert for Kids and Families

Bradley Pavilion of the Marcus Center for the Performing Arts, 929 N. Water St., Milwaukee

Nov 12: "Thanksgiving Promises" Symphony Sundays Concert: Pabst Theatre, 144 East. Wells St., Milwaukee

Nov 29: "Happy Holidays" - Pajama Jamboree Concert

HOLY HILL ART FARM

262-224-6153 / 4958 Hwy 167

www.holyhillartfarm.com

This 160 year old 80 acre family farm has been transformed into a Unique Destination featuring Art & Farm Market Events, Dinners on the Farm, Music Nights and Art & Wine Classes. Visitors will be in awe to see the creativity and inspiration flowing on the property. Fall Art & Farm Market Weekends: September 16/17- October 14/15 9-4pm. Check out the Website for all our Special Event Dates and Times. Follow us on Facebook.

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414-271-1371 / 628 N. 10th Street, Milw

www.InTandemTheatre.org

Professional live theatre at great prices! Relax in our spacious lobby and listen to live piano music as you sip a drink from our full bar in front of the fireplace! Art exhibits adorn the walls, and that drink - well, you can take it into the theatre with you!

Oct 6-29: "All the Great Books" (Abridged) by Reed Martin and Austi Tichenor

Dec 1-Jan. 7: "Scrooge in Rouge" by Ricky Graham and Jefferson Turner

OCONOMOWOC ARTS CENTER

262-560-3179 / 641 East Forest Street,

www.theoac.net

Join us as the Oconomowoc Arts Center (OAC) celebrates its 10th anniversary of quality arts programming during the 2017-18 season. Our mission is to provide the highest level of entertainment programming to the communities of the region for the purpose of cultural education, entertainment and enrichment.

Sept 23: "BritBeat" Beatles Tribute

Sept 29-Oct. 24: John Hallett/Steve Davis: "Celebrating the Art in Timber Sports

Oct 6: Michael Perry, "Have I Said This Before?"

Oct 7: "Behind the Scenes of the Nutcracker"

Elvis, The Aloha Concert

Saturday

September 16, 2017

Showtime 7 p.m.

Location:

Tripoli Shrine Center
3000 W. Wisconsin Ave
Milwaukee, WI 53208

Tickets \$17 on sale now - (414) 455-3726
elvisprinceshow@gmail.com

Oconomowoc Arts Center

WWW.THEOAC.NET

262.560.3172

BRITBEAT

A Tribute To The Beatles

Beatles Tribute

7:30 p.m.

Saturday, Sept 23



7 p.m. Friday, Oct 13

1 & 7 p.m. Saturday, Oct 14

2 p.m. Sunday, Oct 15



Dracula
A World Premiere Ballet



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2017 A&E Season Guide continued on page 7



ENTERTAINMENT

2017 A&E SEASON GUIDE

continued from page 6

Oct 13-15: "Dracula" World Premiere Ballet
 Oct 21: Comedy Sportz Dinner
 Nov 3-18: Heidi Hallett/Ann Raskopf, "A Painting Retrospective Spanning 30+ Years"
 Nov 29: Lorie Line Christmas Show: "2017 Holiday Extravaganza"
 Dec 1-2: "A Kodachrome Christmas" w/John McGivern
 Dec 1-22: Waukesha Creative Arts League: "Member Show"
 Dec 8-10: "Nutcracker" Ballet

ORGANIC ARTS

414-702-6053 / orgarts@gmail.com
 2609 S. Delaware Ave / Milwaukee
www.performingartsmilwaukee.com

Organic Arts is a collaborative of life-long performing artists presenting performing arts programs for senior centers, libraries, parks, festivals, schools, and community events. The artists have spent a lifetime presenting music, storytelling, environmental and cultural heritage events matching family-oriented artists to the community's event and educational needs.

Sept 8: Beulah Brinton House concert w/Matt Watroba, Bay View
 Sept 14: Sailor's Songbag at Racine Lighthouse and Maritime Preservation Society
 Sept 16: Rick Fitzgerald and David HB Drake Concert at The Coffee House, Milwaukee
 Sept 22-24: Pirates Take the Beach Festival, White Lake Beach Resort, Montello
 Oct 7: David HB Drake at South Shore Farmers Market, Bay View
 Oct 27: Dangerous Folk at The Steaming Cup, Waukesha
 Oct 29: Beulah Brinton House concert with Sparky Rucker, Bay View
 Nov 4: Gather the Family at Lake Mills Moravian Church, Lake Mills
 Nov 18: TELLABRATION! 2017 – Storytelling for grown-ups, Mount Mary University, Stempke Hall
 Dec 9: "Old Fashioned Christmas" at the Beulah Brinton House, Bay View
 Dec 24: Let there be Light at Mitchell Manor Chapel, West Allis

SCHAUER ARTS & ACTIVITIES CENTER

262-670-0560 / 147 North Rural St., Hartford / www.SchauerCenter.org
 Filled with culture and history, the Schauer Arts Center was transformed from a 1918 canning factory into a non-profit, regional center for the arts that inspires creativity and connects people. Since opening in 2001, the Schauer Arts Center presents professional touring performances and regional artwork, in addition to offering year-around arts education programming.

Sept 16: Restless Heart w/ opener Laura Joy *Country Music Hitmakers*
 Sept 23: Sam Fazio Trio *Chicago Jazz Crooner*
 Oct 6: Thomas Pandolfi *Gershwin, Hamlisch, and the Movies*
 Oct 15: My Father's Dragon
 Oct 21: Atlanta Rhythm Section *Classic Southern Rock*
 Nov 19: Doug the Jug *Hilarious Comedy Juggling*
 Nov 25: Reverend Raven & the Chain Smokin' Altar Boys *Classic Chicago Blues*
 Dec 1: GENTRI-The Gentlemen Magic *Chart-Topping Tenor Trio*
 Dec 2: David Seebach *Merry Magic Christmas*
 Dec 8: Rocky Mountain Christmas *The Music of John Denver*
 Dec 15: Ryan Meisel QuArtet *Soulful Holiday Jazz*
 Dec 16: The Lettermen *A Christmas Special*
 Dec 17: Paddy Homan & the Noble Call *Christmas in Killarney*
 Dec 16-17: Away in the Basement – A Church Basement Ladies Christmas

2017 A&E Season Guide continued on page 8



I find television very educating. Every time somebody turns on the set, I go into the other room and read a book.

- Groucho Marx

2017|18 SCHAUER PERFORMING ARTS SERIES

SAT, SEPTEMBER 16, 2017

Restless Heart *Country Music Hitmakers*

One of the most popular country acts of the '80s-'90s, Restless Heart had six #1 singles including, "The Bluest Eyes in Texas," "When She Cries," and more!



FRI, OCTOBER 6, 2017

Thomas Pandolfi *Gershwin, Hamlisch & the Movies*

One of the most sought after pianists, hear his transcriptions of the music of Andrew Lloyd Webber, Hamlisch, George Gershwin & Leonard Bernstein in this spellbinding evening.



SAT, OCTOBER 21, 2017

Atlanta Rhythm Section *Classic Southern Rock*

After explosive hits like "So Into You," "Spooky," and "Champagne Jam," Atlanta Rhythm Section earned their place as one of the top acts in rock history.



FRI, DECEMBER 1, 2017

GENTRI: *Chart-Topping Tenor Trio*

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SYMPHONY SUNDAYS

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NOV 12, 2017

Thanksgiving Promises

JAN 28, 2018

Saints and Heroes

MAR 25, 2018

Passion, Beauty, and Light

MAY 13, 2018

Legends and Masters

PAJAMA JAMBOREES

Free Classical Pops Concerts

Held on select Wednesdays from 7-8 p.m. at the Marcus Center, Bradley Pavilion.

SEPT 27, 2017

Tunes and Tails

NOV 29, 2017

Happy Holidays

MAY 16, 2018

Let's Meet Beethoven

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FestivalCitySymphony.org

Early Bird Pricing Ends October 1

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STUDENTS, AND SENIORS.



In Tandem Theatre presents...



All The Great Books (Abridged)

By Reed Martin
and Austin Tichenor

Oct 6-29, 2017

In this madcap comedy, an English class eagerly awaits graduation until they realize they haven't passed their final exam! Three teachers team up to save the day - and the class - as they plow through all the great works of literature in 90 minutes flat in this hilarious, high-energy comedy.

TICKETS
\$30

\$5 OFF

\$5 off regular price. Not valid with any other discounts or on previously purchased tickets. Mention Boomers Newspaper when you make your reservation!

Discounts for
seniors, students,
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Check out all the fun in our 20th Anniversary Season! Season subscriptions now on sale.



TICKETS/414-271-1371
www.InTandemTheatre.org

Tenth Street Theatre
628 N. 10th Street
(on the corner of 10th & Wisconsin Ave)

ENTERTAINMENT

2017 A&E SEASON GUIDE

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SOUTH MILWAUKEE PERFORMING ARTS CENTER

414-766-5049 / 901 15th Avenue, South Milwaukee / www.southmilwaukeekeepac.org

South Milwaukee Performing Arts Center (SMPAC) hosts several events a year inside the high school of South Milwaukee. Affordable arts events in our 786-seat, amazing sound theatre. Free parking. Located between College and Rawson on 15th Ave.

"Performing arts have the power to educate, inspire, lift spirits and even change lives," proclaims SMPAC Executive Director Rachel Sorce. Call for tickets today! We are your local source for great entertainment.

Sept 15: The Official Blues Brothers™ Revue

Oct 12: A.J. Croce

Nov 17: Ex Fabula: *Risking It*

Dec 7: Big Bad Voodoo Daddy: *Wild & Swingin'*

SUNSET PLAYHOUSE

262-782-4431 / 800 Elm Grove Road. Elm Grove / www.sunsetplayhouse.com

Sunset Playhouse will present 32 productions in the 2017-18 Season. Featuring hilarious comedies, spectacular musicals, children's theater, a professional concert & cabaret series, you will want to order your tickets today!

Sept 7-24: Over the River and Through the Woods

Sept 18-19: Elvis!

Sept 28 - Oct. 1: David Seebach's Illusions in the Night

Oct 5-8: You've Got a Friend

Oct 12 - Nov. 5: Sister Act

Oct 23-24: The British Invasion

Oct 26-29: Phantasies Such as These

Nov 15-18: Switch Witch

Nov 30 - Dec. 23: Beauty and the Beast

Dec 4-5: Simon & Garfunkel Tribute

Dec 13-17: Julie Andrews Tribute

Dec 31: Rockin' in the New Year

WAUKESHA CIVIC THEATRE

262-547-0708 / 264 W. Main St. Waukesha / www.waukeshacivictheatre.org

The Waukesha Civic Theatre, Inc. is a non-profit corporation whose mission is to provide quality live theatre performances and educational opportunities that will enrich, challenge and entertain both participants and audience members. With 7 Mainstage shows and dozens of Random Acts Of Entertainment each season, there's something for everyone.

Sept 7: Annie Jump And The Library Of Heaven (Staged Reading)

Sept 15-Oct 1: Sex Please We're Sixty (Farce)

Sept 21: Miscast (Comic Cabaret)

Oct 5-8: The Tortoise And The Hare: The Rematch! (ACAP PlayMakers)

Oct 27-Nov 12: The Hunchback Of Notre Dame (Musical Drama)

Nov 2: Waukesha Reads Keynote Speaker

Nov 14 & Dec 12: Wisconsin Philharmonic Chamber Concert

Dec 1-17: The House Without A Christmas Tree (Holiday Comedy)

Dec 5 & 7: Joel Kopischke's I Got Yule, Babe (Comic Cabaret)

Dec 29-31: Four Guys In Dinner Jackets: Now In Technicolor! (Musical Revue)

WASHINGTON COUNTY FAIR PARK & CONFERENCE CENTER

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10/14-15: 2017 Rummage-A-Rama!

11/18: 1017 Holiday Craft Fair

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2017 A&E Season Guide continued on page 10



Through Nov 4

Gothic Milwaukee Historical Haunted Walking Tour / Cathedral Square Park
Glimpse Milwaukee's past lead by your own costumed tour guide. Discover the dark secrets and eerie sightings lurking in the shadows of the city. The outdoor walk runs rain or shine. Reservations recommended. Tickets \$15 www.gothicmilwaukee.com

September 8-10

Indian Summer Festival
Summerfest Grounds
Celebrating 31 years. Family oriented, cultural festival and strives to educate, preserve and promote the diversity, history and tradition of Tribal cultures.

September 8-10

Wisconsin Sheep & Wool Festival
Jefferson County Fair Park
503 N Jackson Ave, Jefferson
Contests, auctions, Shepherd's Workshops and Wool Show, Lamb Dinner on Saturday evening. Watch stock dogs compete on the open field.

September 9

5pm - 7:30pm
Beer Tasting Train / East Troy Railroad Museum & Depot
Rails, Ales, Lagers and Steam Beers on a train! 2-1/2 hour excursion with heavy hors d'oeuvres, tasting a variety of beers. Learn about the evolution of the craft beer movement. Tickets are \$65.

September 9-10

Trimborn Harvest of Art & Craft
Trimborn Farm, 8881 W Grange Ave, Greendale
From wearable art and holiday decorations to jewelry, paintings, photography and sculpture, Trimborn Harvest features some of the most exceptional hand-crafted work.

September 10

Raspberry Festival
Jackson Historical Society Museum Grounds, noon to 5 p.m.
Free. An old fashioned family ice cream social with Amish-made raspberry pie, ice cream, hot dogs, brats, fresh produce. Music by The Barn Band. Tour the church museum and log home. The one-room schoolhouse will be open with a teacher to conduct class like it was in the late 1800's.

AROUND TOWN

A collection of local events

September 14

The Pfister Book Club
Second Thursday of each month. A modern day book club in the historic Pfister Hotel. Non-stuffy literary discussion of current page turners and a book-themed dessert created by Travis Martinez, the Pfister Hotel's executive pastry chef. Wine, beer, soda and coffee also available. Bring a friend and enjoy the beauty of the hotel, an evening downtown and engaging discussion. FREE.

September 15-17

Milwaukee Tattoo Arts Convention
Wisconsin Center
Offers tattoo enthusiasts, artists, entrepreneurs and vendors the opportunity to meet some of the most highly-regarded tattooists in the country.

September 16-17

Holy Hill Art & Farm Market
4958 Holy Hill Rd, Hubertus
The secluded rustic property is ideal to find treasures of local artists, farmers and collectors. Enjoy coffee, hot sandwiches & soup, bakery and other refreshments.

September 17

Food Truck Sunday
Downtown South Milwaukee Market Square
Enjoy a delicious selection of food truck eats with loads of food choices from exotic, ethnic cuisines to American comfort food. Live music provided by Crossing, a classic rock cover band.

September 21-24

World Beef Expo
Wisconsin State Fair Park
Beef cattle shows with tradeshow, showmanship, youth sweepstakes and other family friendly activities.

September 22-24

Harvest Fair
Wisconsin State Fair Park

September 23

Fromm Petfest
Henry W. Maier Festival Park
Free family and pet-friendly event of pet-focused attractions and activities, including dock diving, agility and lure courses, Kitty City, disc dogs, pet costume contests, pet-themed marketplace. Free parking.

September 23-24

Cat Show 'Feline Groovy'
Racine Civic Center 9:30-4pm.
Lots of cats & vendors. \$6pp, \$5sr, \$3 youth 8 & under. www.catsrulecatclub.com

September 24

Cheery Cherry Fall Fair
Village Park, Menomonee Falls
Juried arts and crafts vendors, von Stiehl wine, Door County cherry products, food and beverage, raffle and silent auction and more! Admission is a donation of \$4. All proceeds from the fair benefit the Cancer Care Center at Froedtert.

September 29 and October 8

8th Annual Milwaukee Oktoberfest
Pere Marquette Park
Ceremonial Keg Tapping at 5:30pm on Friday September 29th for FREE BIER. Polka music, Miss Oktoberfest competition, Stein Hoisting competition, Milwaukee's Largest Cornhole Tournament, Weiner Dog Beauty Pageant, Brats, Beer and - more! FREE.

September 30

Sturgeon Fest 2017
Lakeshore Park in downtown Milwaukee
Games and activities for kids, obstacle course, kayak demonstrations, prairie tours, educational booths, Kohl's Wild Theater, local food trucks. Release a young sturgeon into Lake Michigan and be a hands-on part of bringing back this incredible species! Sturgeon Fest celebrates Riveredge's 25 year partnership with the Wisconsin DNR to bring back Lake Sturgeon to the Milwaukee River, where they haven't been seen in over 100 years. www.sturgeonfest.org

The Milwaukee Suburban
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SEPTEMBER 18th, 2017

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Guest Speaker:

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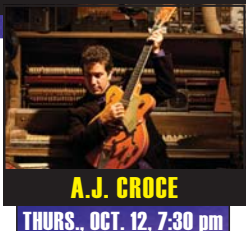
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THURS., OCT. 12, 7:30 pm



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FRI., NOV. 17, 7:30 pm



BIG BAD VOODOO DADDY
THURS., DEC. 7, 7:30 pm



VITALY
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FRI., JAN. 26, 7:30 pm



TURTLE ISLAND QUARTET
FRI., FEB. 16, 7:30 pm



FEDERSPIEL
FRI., MARCH 16, 7:30 pm



4 GUYS IN DINNER JACKETS
FRI., APRIL 13, 7:30 pm

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ENTERTAINMENT

2017 A&E SEASON GUIDE

continued from page 8

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Was Hurricane Harvey Caused by GLOBAL WARMING?

EarthTalk® From the Editors of
E - The Environmental Magazine

The short answer is no. No single hurricane or weather event can be directly linked to the general phenomena known as climate change. "Climate change does not cause things, because climate change is not a causal agent," writes David Roberts on Vox.com. "'Climate change' is a descriptive term — it describes the fact that the climate is changing."

That said, global warming likely did contribute to the severity of Harvey, and has created an overall climate more hospitable to the formation of extreme weather events of every stripe. "For hurricanes, we would ask the question as to what are the possible hurricane developments in the world we live in and compare that to the possible hurricane developments in a world without climate change," Dr Friederike Otto from the University of Oxford tells BBC News.

One definite "fingerprint" of global warming on Harvey is the intensity and amount of rainfall. Climatologists cite the Clausius-Clapeyron equation (a hotter atmosphere holds more moisture: for every extra degree Celsius in warming, the atmosphere can hold 7% more water) as one link between global warming and stronger storms. Houstonians have witnessed a 167 percent increase in the frequency of the most intense downpours since the 1950s.

Adam Sobel of Columbia's Initiative on Extreme Weather and Climate estimates that as much as 10% of Harvey's rainfall could be blamed on global warming, while Kevin Trenberth of the U.S. National Center for Atmospheric Research pegs the number at closer to 30%. "It may have been a strong storm, and it may have caused a lot of problems anyway—but [human-caused climate change] amplifies the damage considerably," Trenberth reports in The Atlantic.



While global warming didn't cause Hurricane Harvey, it certainly made it worse.

We're also heating up our seas. "The waters of the Gulf of Mexico are about 1.5 degrees Celsius warmer above what they were from 1980-2010," reports Sir Brian Hoskins from the Grantham Institute for Climate Change. "That is very significant because it means the potential for a stronger storm is there."

Meanwhile, even the fact that Harvey hung around so long and dumped rain on and around southeast Texas for nearly four days suggests a climate connection: A recent report from climate scientist Michael Mann suggests that near-stationary summer weather patterns are more common in a warmer world.

But others think we are focusing too much on the climate underpinnings of Harvey. Ilan Kelman of University College London's Institute for Risk and Disaster Reduction tells the BBC that the real human contribution to the catastrophe in Houston is more about the type of development we allow than about the emissions we are pumping skyward.

"The hurricane is just a storm, it is not the disaster," says Kelman. "The disaster is the fact that Houston population has increased by 40% since 1990 [and] that many people were too poor to afford insurance or evacuate." He adds: "Climate change did not make people build along a vulnerable coastline so the disaster itself is our choice and is not linked to climate change."

EarthTalk® is produced by Roddy Scheer & Doug Moss and is a registered trademark of the nonprofit Earth Action Network. To donate, visit www.earthtalk.org. Send questions to: question@earthtalk.org.



September 7 – 24, 2017

*Over The River
& Through
The Woods*



September 18 – 19, 2017

October 5 – 8, 2017

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All proceeds benefit Scholarship Programs and Community Projects

Menomonee River Kayak Tour

Educational kayak tour trips up the Menomonee River and its canals.
Thursday, September 21st from 5:15pm-8pm

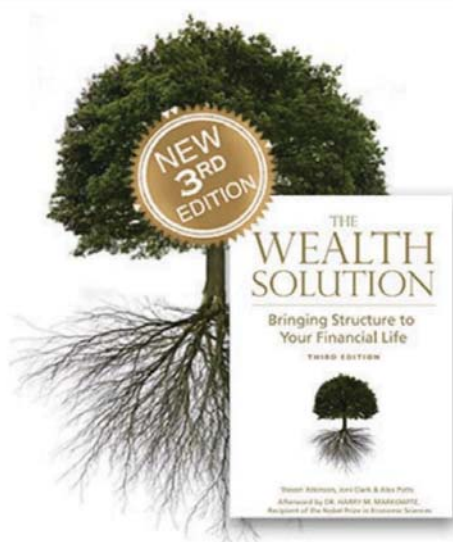
The Menomonee River extends from the confluence of the Milwaukee and Menomonee Rivers in Downtown Milwaukee, through the Menomonee Valley, and beyond Miller Park Stadium. The Menomonee River Valley is 4 miles long, 1/2 mile wide and its history runs deep. From wild rice marshes in the 1700s, to the site of the first trading post (c. 1795, Jacques Vieau, fur trader) to heavy manufacturing, the Menomonee Valley has been in continuous motion without ever moving an inch. And now, with the community working together to create a vibrant future for the Valley, it's now home to thousands of jobs, entertainment experiences, nature, and outdoor exploration – including paddling! Learn about its history and how this area was vital to Milwaukee's growth on a kayak tour trip up the river and its canals.



These trips are fun, safe and educational. Paddle as a group. Launch together, paddle upriver as time allows and then paddle back to our dock. Staff from Menomonee Valley Partners and Milwaukee Kayak Company will paddle with the group. Contact 414-301-2240 or info@milwaukeekayak.com \$30 per person; \$15 will be donated back to Menomonee Valley Partners.

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Village of New Auburn

Four Hikes on Wisconsin's Geographical Gems

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Whether you're an avid hiker or just want to get out in the fresh air and scenic views, these four hiking locations offer more than just a stroll through the woods. They traverse geographical aspects of Wisconsin you might not have known existed. Marshlands, bluffs, waterfalls and national forests, these hiking trails feature four different geographical perspectives. So grab your water bottle, sturdy shoes, optional walking stick and hit the trail.



Horicon National Wildlife Refuge

Horicon National Wildlife Refuge, Horicon

For bird lovers, this is your oasis. Located in southeast Wisconsin, this 32,000-acre wildlife area is the largest freshwater cattail marsh in the United States and is known for being a home for more than 305 species of birds. From blue heron, to cranes, ducks and geese, you are bound to see many of them, especially in April and May during peak spring migration.

Hiking in a marsh doesn't require waterproof boots. There are five miles of designated trails, offering hikes through three main habitats of Wisconsin – wetlands, woodlands and grasslands. The three trails are the Quick's Point Loop (1.9 mi), Indermuhle Island Loop (.8 miles) and Bachhuber Loop (2.3 mi).

Wyalusing State Park, Bagley

Head to where ancient seas and glaciers shaped the geography of Wisconsin, and Native Americans, explorers and fur traders created the history. Wyalusing State Park sits at the junction of the Mississippi and Wisconsin Rivers and offers some breathtaking views along trails and atop cliffs. Find the historical marker at Point Lookout that signifies the spot where Father Jacques Marquette and Louis Joliet once likely stood, overlooking

the rivers below in June of 1673, some 340 years ago.

More than 14 miles of trails are available for hiking at Wyalusing State Park. Trails range from the short Bluff Trail, with a visit to a small limestone cavern, all the way to the Mississippi Ridge Trail, which follows the Mississippi bluff for two miles with spectacular views. Find small waterfalls (Sand Cave Trail and Sugar Maple Nature Trail), Native American historical burial mounds (Sentinel Ridge Trail), and wildlife including turkey (Turkey Hollow Trail) among the Wyalusing state trails. Trails are fairly rigorous with some stairs.



Friends of Wyalusing

Chippewa Moraine Ice Age, New Auburn

The Ice Age National Scenic Trail is a 1,000-mile footpath that outlines the area of Wisconsin that was sculpted more than 12,000 years ago by glaciers. From the Minnesota state border to Potawatomi State Park on Lake Michigan, the Ice Age Trail twists and winds its way through the state.

More than 23 miles of the Ice Age Trail exists in Chippewa County making the Chippewa Moraine David R. Obey Ice Age Interpretive Center located in New Auburn a good place to start. It sits on top of an ice-

walled lake plain made from glacial remnants and is the gateway to three self-guided loop trails: the Mammoth Nature Trail (.75 miles), Dry Lake Trail (1.8 miles) and Circle Trail (4.5 miles). The views in this area are simply breathtaking and it's well known among avid hikers. With hilly terrain created by glacial sheets, you'll navigate kettle lakes, hummocks, plains and no doubt the wildlife, too. And these trails are for hikers only, so they are well preserved and quiet for a peaceful hike.

LaSalle Falls, Florence

Discover waterfalls just two hours north of Green Bay in Florence County, home to seven breathtaking waterfalls that cascade, tumble



and roar through two of the state's designated "wild rivers," the Pine and Popple. Over 50 percent of the land in Florence County is accessible to the public.

Start your hike at LaSalle Falls, the highest and most impressive waterfall in the area. At 22-feet tall, it sits on the Pine River, an undeveloped river with rustic footpaths. A 2.2 mile round-trip hike will take you through a scenic gorge in the wooded forest. Follow your ears and the sound of rushing water will guide you to your end destination. At the brink of the falls, a steep scramble will take you down into the gorge. Climb closer to the base of the falls for the most rewarding view.

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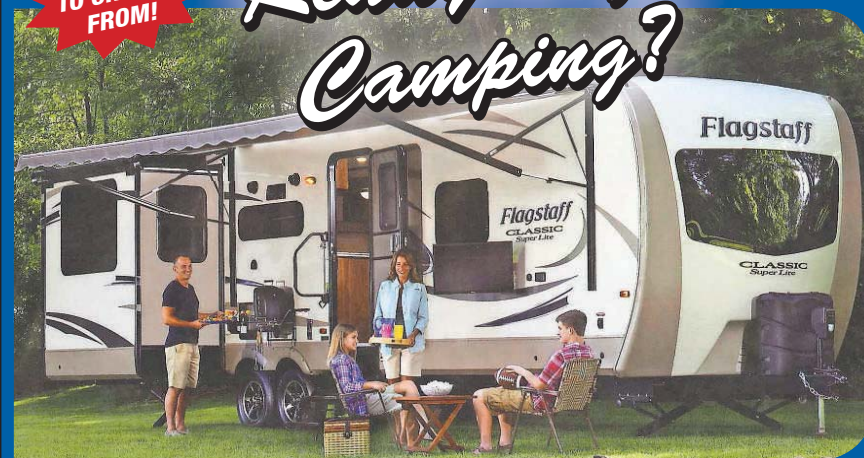
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The best time of year to prepare the lawn and garden for the summer season is actually the fall. Caring for the lawn in the fall is an essential practice to maintain its healthy growth year round. Proper fall lawn watering, grass seed planting, fertilizing, and mowing are all important aspects of the routine. Maintaining flowerbeds, planting bulbs, and other practices will also make perennials return in the next growing season.

Fall Landscape Care is Key to a Healthy Spring Growing Season

- 1) Aerate the lawn to promote healthy growth of grass and prevent soil compaction.
- 2) Mow the lawn to no shorter than two to two and a half inches long in the fall to protect the roots.
- 3) Cut back on lawn watering, as normal rainfall levels increase during this season.
- 4) Fertilize once from September to mid-October with a high nitrogen fertilizer. After this, the lawn stops taking up nutrients from the soil and prepares for winter.
- 5) Plant grass to fill in the bare spots in the lawn, as fall rain and temperatures are ideal for grass seed germination.
- 6) Plant spring-blooming bulbs for next year's garden, covering them with a layer of chicken wire, then soil, to discourage squirrels and raccoons
- 7) Thin perennials, including daylilies, astilbes, and peonies, and replant at least six weeks before the first frost to allow the plants time to reestablish.
- 8) Remove any dead bulbs or flower heads from planting beds.
- 9) Move houseplants inside when outside temperatures are similar to those indoors. Be sure to wash the leaves with a mixture of mild soap and water to help plants adapt to diminished light and reduce the chance of pests being brought indoors.
- 10) Run gas-powered equipment until the fuel is gone, or transfer gas to a proper storage container using a gas siphon.
- 11) Have the lawn mower blades sharpened in fall rather than waiting until spring. Clean and store garden tools
- 12) Close valves to outside faucets and clear hoses of water before storing.

For more information or to receive a free copy of an annual membership roster and the booklet, "Milwaukee/NARI's Remodeling Guide," call (414) 771-4071 or visit the Council's Web site at www.milwaukeeenari.org



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EDITOR'S PICK

Warm Tomato Salad



- 1 tablespoon olive oil
- 2 garlic cloves, crushed
- 3 cups cherry tomatoes, some halved
- Optional: additional vine-ripened tomatoes, sliced and/or diced scallion
- 2 tablespoons white balsamic vinegar
- 1/2 cup fresh basil leaves

In a large non-stick skillet, heat vinegar, oil, and garlic over moderate heat until just simmering. Add tomatoes, pepper, and salt to taste and cook, tossing until slightly tender and heated through, 2 to 3 minutes.

Toss tomatoes with shredded basil and garnish with basil sprigs.

And if you live in a Greek household like I do, feel free to sprinkle your salad with a bit of Feta cheese! More options include adding fresh spinach and red onion. It's all good!

Preserving the Harvest

Cucumbers fill the vegetable drawer, you've run out of cabbage recipes and your family is refusing to eat one more tomato. So what to do with all that produce?

Some fruits and vegetables store well for months if they are kept in the right conditions. The key to success is choosing unblemished pieces and checking them regularly, removing any diseased items. For example one rotten apple can ruin the whole batch. Storing the crop in a dry, well-ventilated place will prevent it from rotting. A wooden crate or shallow cardboard box will work fine.

Apples and pears store very well. Wrap each fruit in newspaper and place in a single layer in the bottom of your container.

Root vegetables such as carrots, potatoes and beets also store well. Cut the leafy tops off beets and carrots and place them in a single layer without wrapping them. Both benefit from being covered by a layer of sand to prevent them becoming rubbery.

Potatoes can be stored in burlap or paper sacks. Harvest them on a dry day and leave out in the sun to dry. Remove any mud from the potatoes to prevent mould forming. Store them in a dark place to avoid poisonous green patches forming on the skins. Parsnips are best left in the ground over winter and harvested when needed.

Onions, garlic and shallots are best dried before storing in a dry place. You can also cut the tops off and hang the bulbs in an old pair of tights or netting.

Plants in the **squash** family such as pumpkins and zucchini can last for up to three months, depending on the variety. Pumpkins don't keep after mid-winter, but other squashes (such as butternut and spaghetti) may keep until early spring. Ensure they are in good condition and store them in a cool, dry place. Zucchini does not store well, and should be kept in the fridge for a maximum of three weeks.

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Isn't it Time for a DO-OVER?

An environment full of toxins...
Food lacking in *nutritional* value...
Disease and cancer *fatalities* rising...
Fitness habits *lacking* and a "supersize it" *mentality*...

By Norm Hacker

Most of us have grown up with a fairly straightforward system: we live our lives, and if we get sick, we head either to the drug store or doctor, take the medication, and wait for things to improve.

What this has led to is a culture in which we don't really think about what made us sick – we just accept that we are sick and try and figure out how to get better as quickly as possible.

Unfortunately this mindset has not served us well as we are now faced with very high levels of serious diseases that take more than a pill to cure. It's time we take a fresh approach to our health.

It's important to give our bodies the best chance of doing what they were meant to do – fight illness and keep us in good shape. Food plays one of the greatest roles in keeping us healthy. It's unfortunate that we focus more on what foods will stimulate our taste buds than on those that will nourish our bodies. But if you can make that mental switch, and adopt simple changes, you'd be surprised at how your food choices will become more responsible.

Take the time to prepare some cut celery, carrots, cucumber, broccoli and nuts as a snack rather than buying candy or chips to fill that mid-meal hunger. Choose water rather than coffee or soda. Read labels so you can avoid chemical sweeteners, artificial colors and products high in fats. Better still, avoid highly processed, packaged foods – perishable food is preferable to food with a shelf life of several years.

Our health vigilance also needs to encompass the chemicals we place on our skin and those we use in our homes. Most of us are familiar with the medical patches that are placed on the skin to help stop smoking or relieve backache. They work because the skin, our biggest organ, is a great delivery system for the substance impregnated on those patches.

Similarly, the ingredients in shampoo, body products and makeup need to be reviewed. Read their ingredient labels and there's hardly a recognizable word on them. The chemicals they contain penetrate the skin. Even minute doses, when applied often, accumulate over time.

The chemicals sitting in bottles under your sink are dispersed in small amounts around your house on a daily or weekly basis. Some are absorbed by the skin, some are inhaled. There are many alternatives that clean just as well without harsh chemicals. An online search for 'natural body care products' or 'natural cleaning products' will turn up many.

There are also simple ways you can manage the impact of everyday life on your health. Even a busy person can set aside ten minutes a day for meditation or relaxation. There are many simple techniques that can have a positive effect on stress, from focusing on the breath to color or light visualization exercises. The role of the mind in maintaining good health can never be underestimated – after all, it is the mind that decides what to eat, what products to buy, and how we spend our time and energy.

No matter what state of health you may be in right now, we are all on a healing journey of one type or another. By helping each person do a little better and be a little better, collectively as a people, we all we will do a little better and be a little better.

© 2016 Norm Hacker is the producer of Heal Your Self, a new documentary about taking responsibility for your health. www.healyourself.tv



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How should parents talk to their children about Family Financial WEALTH?



Ask Tim

FINANCE QUESTIONS AND ANSWERS

We all know children from wealthy families who grew up to become opportunistic, materialistic, and unmotivated young adults living off their parents' bounty.

They will wonder. If you have children, at some point they may discern how wealthy you are – and in turn, learn how “rich” they are. How will they handle that knowledge? How can you convey its importance and its meaning?

Some kids end up valuing family wealth more than others. We all know (or have heard) about children from wealthy families who grew up to become opportunistic, materialistic, and unmotivated young adults living off their parents' bounty. Other children learn to treat family money with respect and admiration, recognizing the role it plays for the family, while glimpsing its potential to help charities and the community.

What accounts for the difference? It may boil down to values. When the right values are handed down, a young adult is poised to hold wealth in high regard and receive it with maturity.

Some parents never tell their children how wealthy they really are. This is not uncommon: in a recent U.S. Trust survey of households with significant investable assets, 64% of those polled indicated that they had said nothing or nearly nothing about their net worth to their kids. This is also a risk. In hiding the details and avoiding talk, parents may see a child grow into a young adult who is ill-prepared to understand and manage wealth.

One good step is to set some expectations. After your kids learn how wealthy you are, they may expect your money to play a financial part in their personal lives, especially in adolescence. Tell them, frankly, what you are willing or not willing to do and why. Where will the family wealth come into their lives? Will you want to fund their college educations, or help them with car payments? You may or may not want to do that.

You can help them see that wealth has meaning. Some financial professionals like to ask their clients the ques-

tion, “what does having money mean to you?” In other words, what should that money accomplish? What dreams should it help you pursue, and what fears or worries could it be used to address? How does having money fit into your vision of success – is it integral to it or inessential to it?

It has been said that money never transforms character; it simply reveals it. The responsibility of handling wealth amounts to a test of character. Thoughtful conversations with your children about the meaning of wealth may help them pass that important test when the time comes.

Do you have a financial question for Tim? He can be reached at (262)369-5200 or info@aegiswi.com. Founder and CEO of Aegis Wealth Advisors, LLC, a Fiduciary Financial Advisory firm in Hartland, WI specializing in providing insightful and objective financial guidance to individuals, families, and small business owners.

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"I can see fine . . ."

Are you certain, or are you risking your ability to see life to the fullest—now and in the future?



"Oftentimes, when I tell a patient that they have a serious eye condition like glaucoma or macular degeneration, they'll respond with 'But, I can see fine' or 'I haven't noticed anything wrong with my eyes,'" reports Mark Freedman, MD, senior partner at Eye Care Specialists, an ophthalmology practice that has overseen the care of 130,000+ area residents. **"Unfortunately, whether the person is in denial, didn't notice, or actually has no symptoms, the outcome is just the same. Early diagnosis and treatment are the only ways to prevent unnecessary vision loss."**



Brett Rhode, MD, experienced cataract surgeon and partner at Eye Care Specialists, explains, **"What most people don't realize is that vision problems in one eye can often be masked by the ability of the other eye to compensate. Or, changes occur so gradually that they go unnoticed.** For example, with glaucoma, loss of peripheral (side) vision slowly creeps in until it creates a "tunnel" effect. And, with cataracts, many people don't realize how much they've been missing until the cloudy lens is surgically removed and replaced with an implant. Then they exclaim how much brighter and more colorful everything is or how much easier it is to recognize faces or see the TV."



While **loss of vision** may make for amusing "Mr. Magoo"-type anecdotes, it **can also lead to issues that are no laughing matter, like increased risk of car accidents, depression and institutionalization.** For example, decreased vision has been linked to an increased risk of falling, which often causes more serious concerns, including hip fractures, the need for canes, walkers and/or nursing home care, and complication-related death. "Early diagnosis and prompt treatment are key to maintaining independence and quality of life. For example, when a patient's vision has diminished with age and a new eyeglass prescription doesn't do the trick, we often find that cataracts are the cause of the problem and, in most cases, surgical removal and replacement with a lens implant is a relatively easy and painless solution," notes Daniel Ferguson, MD, who utilizes both standard and advanced capability lenses.



"Poor vision is not a fact of life as you grow older. It's important to discover what's behind those changes—whether it's simply the need for a new eyeglass prescription or something more serious like the need for laser treatment to hold off diabetes-related

damage. That's why we can't stress enough the importance of scheduling comprehensive dilated eye examinations at least every two years," states Daniel Paskowitz, MD, PhD, an ophthalmologist with credentials from Harvard and Johns Hopkins. He adds, "Sight-saving improvements in vision care are of no use if you are not aware, or are in denial, that you have a problem. Ask yourself, *When was my last eye exam?*" Then decide what to do about your answer."



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Keep an eye on symptoms

Medical optometrist David Scheidt, OD, advises that people contact an eye care specialist for an evaluation if they experience any of the following concerns:

- Loss of vision
- Blurriness/Double vision
- Pain in or around the eye
- Seeing floaters, spots or webs
- Lines appearing distorted or wavy
- Difficulty seeing at night
- Sensitivity to light and glare
- Dry eyes with itching and burning
- Flashes of light
- Continual eye redness
- Excessive tear production



Questions to ask your eye care specialist

Ophthalmologist and continuing education lecturer Michael Raciti, MD, encourages patients to make themselves informed partners in their eye care. He suggests asking questions, such as:

- What is my visual acuity (on the 20/20 scale)?
- Do I have any eye diseases or disorders?
- What caused my condition? Is it hereditary?
- How will this condition affect my vision and lifestyle—now *and* in the future?
- What kinds of tests do I need? Why? When?
- What is the best medical/surgical treatment for me?
- Should I watch for any symptoms and notify you if they occur?
- When will treatment start, and how long will it last?
- What are the risks, side effects, benefits & success rates for treatment?
- Are other treatments available?
- Are there foods, drugs or activities I should avoid?
- If my vision can't be corrected, can you refer me for low vision resources and rehabilitation services?
- If I need to take a medication, what should I do if I miss a dose?
- Would diet, exercise or other lifestyle changes improve my condition? Would vitamin and mineral supplements be helpful?



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Most people aren't motivated to make an eye appointment unless they notice a problem—and often not even then. What they don't realize is that many sight-threatening conditions have no warning signs. But, if you know the risks, symptoms, tests and treatment options for common eye concerns, you're more likely to take action. We can help. Call **414-321-7035** for detailed free booklets on cataracts, glaucoma, AMD, and diabetes. Then, consider: When was your last eye exam? If it was more than a year ago, call today to protect your vision for tomorrow.

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SEVEN Signs and Symptoms NOT to Ignore

Take note of important signs and symptoms - from unexplained weight loss to sudden flashes of light and know when to seek medical care.

Chest pain, sudden loss of vision or speech, and severe abdominal pain require immediate medical attention - but what about more subtle red flags? It can be tough to know what to do. Here's a list of seven signs and symptoms that merit attention.

By Mayo Clinic Staff

1. Unexplained weight loss

Losing weight without trying might sound like a dream come true, but in reality it can signal a health problem. If you're not obese and you've lost more than 10 percent of your body weight during the past six months — for instance, 15 pounds (7 kilograms) if you weigh 150 pounds (68 kilograms) — consult your doctor.

An unexplained drop in weight could be caused by various conditions — including overactive thyroid (hyperthyroidism), diabetes, depression, liver disease, cancer or disorders that interfere with how your body absorbs nutrients (malabsorption disorders).

2. Persistent or high fever

A fever isn't necessarily a cause for alarm. Fever seems to play a key role in fighting infection. Persistent fever can signal a hidden infection, which could be anything from a urinary tract infection to tuberculosis. In some cases, cancerous (malignant) conditions — such as lymphomas — cause prolonged or persistent fevers, as can some medications.

Call your doctor if your temperature is 103 F (39.4 C) or higher or you've had a fever for more than three days.

3. Shortness of breath

Shortness of breath could signal an underlying health problem. Very strenuous exercise, extreme temperatures, massive obesity and high altitude all can cause shortness of breath. Outside of these examples, shortness of breath is likely a sign of a medical problem. If you have unexplained shortness of breath, especially if it comes on suddenly and is severe, seek emergency medical care.

Causes for breathlessness might include chronic obstructive pulmonary disease, bronchitis, asthma, pneumonia, a blood clot in the lung (pulmonary embolism), as well as other heart and lung problems. Difficulty breathing can also occur with a panic attack — a sudden episode of intense anxiety that triggers severe physical reactions when there is no real danger or apparent cause.

4. Unexplained changes in bowel habits

What's considered normal for bowel movements varies widely. Consult your doctor if you notice unusual or unexplained changes in what's normal for you, such as:

Bloody, black or tarry-colored stools

Persistent diarrhea or constipation

Unexplained urges to have a bowel movement

Changes in bowel habits could signal a bacterial infection — such as campylobacter or salmonella — or a viral or parasitic infection. Other possible causes include irritable bowel disease and colon cancer.

5. Confusion or personality changes

Seek medical attention if you have sudden:

Poor thinking skills

Difficulty focusing, sustaining or shifting attention

Behavior changes

These changes could be caused by many problems, including infection, poor nutrition, mental health conditions or medications.

6. Feeling full after eating very little

If you consistently feel full sooner than normal or after eating less than usual, get checked by your doctor. This feeling, known as early satiety, also might be accompanied by nausea, vomiting, bloating or weight loss. If so, be sure to tell your doctor about these signs and symptoms as well.

Possible causes of early satiety include gastroesophageal reflux disease, commonly known as GERD, and peptic ulcers. In some cases, a more serious problem — such as pancreatic cancer — could be a factor.

7. Flashes of light

Bright spots or flashes of light sometimes indicate a migraine. In other cases, sudden flashes of light could signal retinal detachment. Immediate medical care can help prevent permanent vision loss.



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NATIONAL DAY Calendar

SEPTEMBER 6

National Coffee Ice Cream Day

SEPTEMBER 7

National Beer Lover's Day

SEPTEMBER 8

Stand Up To Cancer Day – Second Friday in September

SEPTEMBER 9

National Teddy Bear Day

SEPTEMBER 10

National Grandparents Day

SEPTEMBER 11

National Make Your Bed Day

SEPTEMBER 12

National Chocolate Milkshake Day

SEPTEMBER 13

Kids Take Over The Kitchen Day

SEPTEMBER 14

National Cream Filled Donut Day

SEPTEMBER 15

National POW/MIA Recognition Day
Third Friday in September

SEPTEMBER 16

Puppy Mill Awareness Day

SEPTEMBER 17

Wife Appreciation Day

SEPTEMBER 18

National Cheeseburger Day

SEPTEMBER 19

National Butterscotch Pudding Day

SEPTEMBER 20

National Punch Day

SEPTEMBER 21

International Day of Peace

SEPTEMBER 22

Car Free Day

Elephant Appreciation Day

SEPTEMBER 23

National Great American Pot Pie Day

SEPTEMBER 24

National Cherries Jubilee Day

SEPTEMBER 25

National One-Hit Wonder Day

SEPTEMBER 26

National Pancake Day

SEPTEMBER 27

National Chocolate Milk Day

SEPTEMBER 28

National Drink Beer Day

National Good Neighbor Day

SEPTEMBER 29

National Coffee Day

SEPTEMBER 30

National Chewing Gum Day

Of course I should
clean my windows.
But privacy is
important too.



8 p.m. I get a text from my girlfriend:
Me or football?!

11 p.m. I text my girlfriend:
You of course.

I have a bumper sticker saying, "Honk if you think I'm sexy". Some days I just sit at a green light till I'm feeling good about myself.

I played our wedding video backwards yesterday. It really cheered me up to see how I take the ring off my wife's finger, get out of the church and go drinking with my best friends

The reason Mayberry was so peaceful and quiet was because no one was married! Andy, Aunt Bea, Barney, Floyd, Howard, Goobar, Gomer, Sam, Ernest, Helen, Thelma Lou, Clara and, of course, Opie were all single. The only married person was Otis, and he stayed drunk.

Light travels
faster than
sound.
That is why
some people
appear quite
bright – until you
hear them talk.

Two blondes were going to Disneyland. They were driving on the freeway when they saw the sign that read "Disneyland LEFT". They started crying and went back home.

FLORIDA OR MOON? Two blondes living in Oklahoma were sitting on a bench talking, and one blonde says to the other, 'Which do you think is farther away...Florida or the moon?' The other blonde turns and says, 'Hellooooooooooooo, can you see Florida????'

CAR TROUBLE A blonde pushes her BMW into a gas station. She tells the Mechanic it died. After he works on it for a few minutes, it is idling smoothly. 'What's the story?' she asks. He replies, 'Just crap in the carburetor.' She asks, 'How often do I have to do that?'

RIVER WALK There's this blonde out for a walk. She comes to a river and sees another blonde on the opposite bank. 'Yoo-hoo!' she shouts, 'How can I get to the other side?' The second blonde looks up the river, then down the river and shouts back, 'You ARE on the other side.'

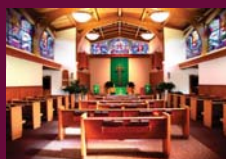
KNITTING A highway patrolman pulled alongside a speeding car on the freeway. Glancing at the car, he was astounded to see that the blonde behind the wheel was knitting! Realizing that she was oblivious to his flashing lights and siren, the trooper cranked down his window, turned on his bullhorn and yelled, 'PULL OVER!' 'NO!' the blonde yelled back, 'IT'S A SCARF!'

IN A VACUUM A blonde was playing Trivial Pursuit one night... It was her turn. She rolled the dice and she landed on Science & Nature. Her question was, 'If you are in a vacuum and someone calls your name, can you hear it?' She thought for a time and then asked, 'Is it on or off?'

FINALLY, THE BLONDE JOKE TO END ALL A girl was visiting her blonde friend, who had acquired two new dogs, and asked her what their names were. The blonde responded by saying that one was named Rolex and one was named Timex. Her friend said, 'Whoever heard of someone naming dogs like that?' 'HELLOOOOOOOO.....,' answered the blonde. 'They're watch dogs.'

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Daguerreotype of elevated view of Pinckney Street, looking northwest. View includes the American House and Bruen's Block, both on the corner of East Washington Avenue. Visible in the distance at the right end of Pinckney Street (on what is now called Mansion Hill) is the two-year-old Bashford House. The public streets are lined with busy stores and crowded with wagons, hacks and carriages, and merchants' refuse.

ODD WISCONSIN

First Legislators Had Questionable Morals

By Michael Edmonds

One of the first buildings on the Capitol Square was erected in 1838 so lawmakers could indulge their vices.

Madison's first historian, Daniel Durrie, wrote that, "when the Legislature assembled, it seemed to call together the worst elements of society. Faro banks, a thing called 'The Tiger,' and other gambling institutions were said to exist, and to be run with great boldness..."

The Tiger was a two-story gambling den and tavern on Pinckney Street that thrived whenever the legislature was in session. "Bad whisky, in large quantities, was said to be consumed, much to the damage of the consumer. Lager beer had not then been inaugurated, but other vile drinks equally detrimental were said to be in common use."

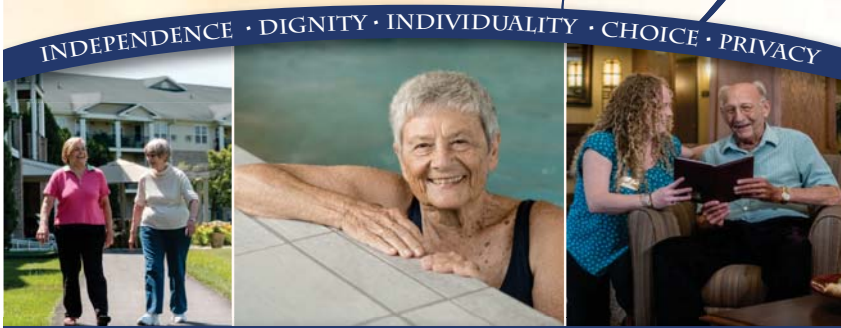
Dr. C.B. Chapman bought The Tiger in 1846 to use as his office. He recalled in 1874, "That building was said to have been a place where much money was won and lost at faro and other games, during the sessions of the Legislature; an incident not remarkably creditable to our early legislators, although, perhaps, as much so as the incidents of some of the years since that time."

The Territorial legislators were so corrupt that they earned the nickname, The Forty Thieves.

"It may be supposed," Chapman continued, "that as the times and methods of living were then crude, the Legislature and legislators would partake of the same characteristics. I have the impression however, that those early bodies would compare quite favorably, both in talent and definite ideas, with most of their successors."

Source: Durrie, Daniel S. A History of Madison, the Capital of Wisconsin, including the Four Lake Country, to July, 1874. www.wisconsinhistory.org

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The husband leans over and asks his wife, 'Do you remember the first time we had sex together over fifty years ago? We went behind the village tavern where you leaned against the back fence and I made love to you.'

'Yes,' she says, 'I remember it well.'

'OK,' he says, 'How about taking a stroll around there again for old time's sake?'

"Oh Jim, you old devil, that sounds like a crazy, but wonderful idea!"

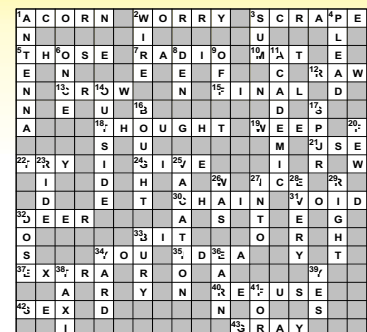
A police officer sitting in the next booth heard their conversation and, having a chuckle to himself, he thinks to himself, I've got to see this I'll just keep an eye on them so there's no trouble. So he follows them.

The elderly couple walks haltingly along, leaning on each other for support aided by walking sticks. Finally, they get to the back of the tavern and make their way to the fence. The old lady lifts her skirt and the old man drops his trousers. As she leans against the fence, the old man makes his move. Then suddenly they erupt into the most furious lovemaking. This goes on for about ten minutes with moaning and screaming. Finally, they both collapse, panting on the ground.

The policeman is amazed. He thinks he has learned something about life and old age that he didn't know..

After about half an hour of lying on the ground recovering, the old couple struggle to their feet and put their clothes back on. The policeman thinks this is truly amazing and wants to know their secret. So, as the couple passes, he says to them, "Excuse me, but that was something else. You must've had a fantastic life together. Is there some sort of secret to this?"

Shaking, the old man is barely able to reply, "Fifty years ago that wasn't an electric fence."



Answers to this month's puzzle. Crossword on page 26



BERKSHIRE AT KENSINGTON

1800 Kensington Dr.,
Waukesha, 53188
262-548-1449

- FREE Utilities
- Free indoor parking
- Pets welcome (limited)
- Social Activities
- On-site bank, chapel, beauty salon, fitness center
- Convenient elevators
- Transportation to shopping
- Located on bus line
- Pergola & gazebo with BBQ grills
- No Smoking



BERKSHIRE WEST ALLIS

1414 S. 65th St., West Allis
414-258-2720

- Spacious open floor plans
- FREE heat, hot water
- FREE underground parking
- Elevator
- Courtyard with gazebo, BBQ grill
- Social activities
- Exercise room & classes
- Beauty salon & library
- Near historic West Allis shops & farmer's market, Walgreens banks and Senior Center
- Located on bus line
- Smoke Free Community



BERKSHIRE OCONOMOWOC

210 S. Main St., Oconomowoc
262-567-9001

- Spacious floor plans
- Ceiling fans
- Elevator service to all floors
- Laundry room on each floor
- Free heated underground parking
- Free heat & water
- Pet friendly with some restrictions
- Walking distance to the downtown area, two lakes & farmers market
- Activities w/Oconomowoc Area Senior Center on site
- No Smoking



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- Select homes with washers & dryers
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- Free underground/surface parking
- Business & fitness centers, community room & BBQ Patio
- Pets cherished
- No Smoking



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- Pet friendly
- Social activities for everyone!
- Smoke Free



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**Contact Tom at
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WORD SEARCH

S	N	T	O	G	E	T	H	E	R	E	M	E	M	B	E	R	A
O	L	R	O	N	E	G	R	A	N	D	M	O	T	H	E	R	S
S	E	R	V	I	C	E	S	P	R	S	Y	E	N	D	M	E	I
L	S	R	C	K	T	E	V	R	U	M	B	V	R	C	A	D	E
T	N	G	G	C	A	V	E	L	P	Z	L	A	Z	I	G	O	G
T	T	E	S	O	E	I	F	D	S	D	Z	E	T	D	I	I	A
N	L	W	A	R	C	R	A	N	A	Z	A	L	S	T	V	T	N
T	E	R	L	R	M	R	A	W	I	F	E	R	E	S	E	N	T
T	F	V	C	E	L	A	A	L	O	U	D	D	K	N	N	R	E
R	S	G	E	L	N	Y	B	C	O	R	N	F	I	E	L	D	A
R	A	S	T	N	E	M	E	C	K	U	S	B	L	M	G	R	T
T	R	S	O	E	I	G	D	I	O	V	A	T	L	S	R	A	E
C	A	B	A	N	A	N	A	R	I	C	E	B	A	L	W	S	R
I	A	D	O	B	I	M	G	R	D	E	A	D	B	E	E	T	O
M	R	M	R	W	U	O	W	A	H	N	R	D	T	E	A	I	S
T	E	A	K	E	L	E	S	S	O	N	U	C	O	P	Y	C	R
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T	P	A	E	T	O	M	O	B	A	L	R	U	F	T	N	E	P

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AVOID
AWAY
BANANA
BATTER
BEAT
BLIZZARD
CABINET
CEMENT
COPY
CORNFIELD

CRACK
CRAWL
DARK
DOWN
DRASTIC
EVENING
FELT
FOOTBALL
FOUND
GARBAGE
GIVEN
GRANDMOTHER

GROUND
HARMLESS
KILL
LEAVE
LEMON
LESSON
LOUD
NEARLY
PUZZLE
RAGE
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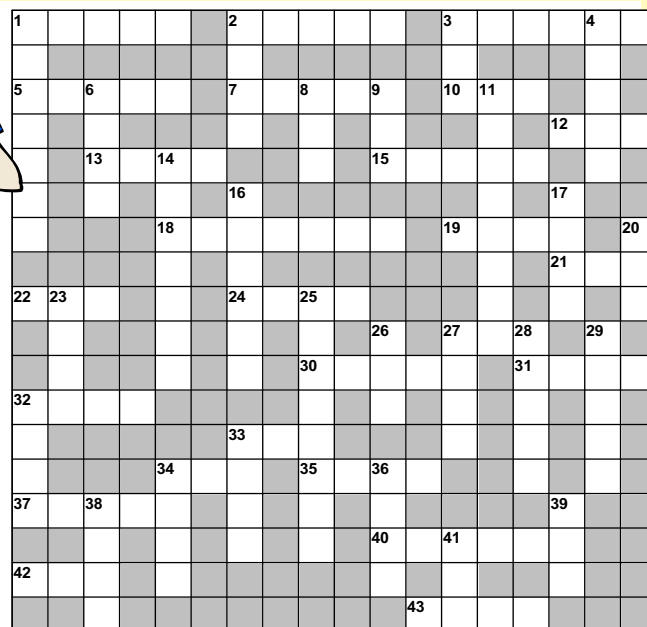


ACROSS

1. Hit Chicken Little
2. Anxiety cause
3. Dislodge old paint
5. Plural of that
7. Airwaves listening device
10. Wipe feet on
12. Uncooked
13. Large black bird
15. Last Exam
18. Every action preceded by
19. Quiet crying
21. Practice of employing something
22. Attempt
24. Donate
27. Frozen water
30. Saw for tree trimming
31. An unused check
32. Antlered animal
33. Drilling or boring tool
34. Not me
35. A light bulb turns on
37. More than needed
40. To not accept
42. Male or female species division
43. Eventual hair color

DOWN

1. Rabbit ears
2. Used to connect electricity
3. Result of addition
4. To argue a case
6. upon a time
8. Where bears hibernate
9. Not on
11. Scholar
14. The external appearance
16. Purchased
17. These jingle jangle jingle
20. Not many
23. To sit and be moved
25. Work break
26. Past tense of be
27. Not out of
28. All
29. Made up of three lefts
32. To nod off
33. May precede final document
34. A measure of cloth
36. Obtain by hard work
38. Form of public transportation
39. Consenting reply
41. Two ... the price of one



Answers to this month's puzzle on page 22

A recent study has found that woman who carry a little extra weight, live longer than the men who mention it.

Larry's kindergarten class was on a field trip to their local police station where they saw pictures tacked to a bulletin board of the 10 most wanted criminals. One of the youngsters pointed to a picture and asked if it really was the photo of a wanted person. "Yes," said the policeman. "The detectives want very badly to capture him."

Larry asked, "Why didn't you keep him when you took his picture?"

Subject: Invention of Car Air Conditioner

The Goldberg Brothers - The Inventors of the Automobile Air Conditioner

Here's a little fact for automotive buffs: The 4 Goldberg brothers, Lowell, Norman, Hiram, and Maxwell, invented and developed the first automobile air-conditioner. On July 17, 1946, the temperature in Detroit was 97 F degrees.

The 4 brothers walked into old man Henry Ford's office and sweet-talked his secretary into telling him that 4 gentlemen were there with the most exciting innovation in the auto industry since the electric starter. Henry was curious and invited them into his office. They refused and instead asked that he come out to the parking lot to their car. They persuaded him to get into the car, which was about 130 F degrees inside, turned on the air conditioner, and cooled the car off almost immediately.

The old man got very excited and invited them back to the office, where he offered them \$3 million for the patent.

The brothers refused, saying they would settle for \$2 million, but they wanted the recognition by having a label, 'The Goldberg Air-Conditioner,' on the dashboard of each car in which it was installed. There was no way that old man Ford was going to put the Goldberg's name on two million Fords.

They haggled back and forth for about 2 hours and agreed on \$4 million and that just their first names would be shown.

And so to this day, all Ford air conditioners show — Lo, Norm, Hi, and Max — on the controls. Gotcha!!

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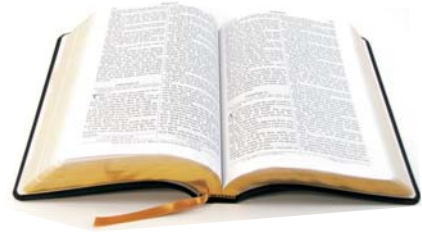


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Fall Seminars – “Truth Or Tradition”

“Making the word of God of none effect through your tradition, which ye have delivered: and many such like things do ye.” (Mark 7:13) – (Jesus Christ speaking to the religious leaders)



WHY DO WE EXIST?

It is not because we are more passionate about God, have better programs, or have received a special revelation from God. We do not claim to have a corner on truth. We exist because we could not find any other group that:

- Preaches Jesus Christ, our Lord and Saviour, from the King James Bible, God’s preserved word in English, rightly divided
- Teaches that the instructions to the church are found in Paul’s writings alone
- Discards empty tradition and rituals for Biblical authority
- Focuses on sound mid-Acts dispensational doctrine and Bible study instead of gimmicks, fads, and entertainment

WHAT MAKES US DIFFERENT?

- We don’t teach tithing
- We walk in liberty, not in legalism or licentiousness
- We seek honest Biblical answers, not empty tradition
- We leave no place for cheap emotionalism, entertainment, and church gimmicks or fads
- We acknowledge the fractured and confused status of modern Christianity and think the answers are found in the right message coming from the right book presented the right way with honesty.

“For we are not as many, which corrupt the word of God...” (2 Cor. 2:17) “that thou mayest know how thou oughtest to behave thyself in the house of God, which is the church of the living God, the pillar and ground of the truth” (1 Tim. 3:15).

WHAT TO EXPECT WHEN YOU VISIT

We know there is a smorgasbord of churches from which people can choose. Competing for your attendance is not our objective. If you are not open to our beliefs, then please go somewhere else so everyone will feel more comfortable.

Yet, if you are looking for sincere people seeking answers to empty tradition and doctrinal confusion, then you have come to the right place. When you walk in our door you need not fear being mobbed by trained greeters. If anyone says ‘hello’ it is because they genuinely

mean it. Please take some free literature, grab a seat, and start listening.

You may see a variety of people with their own fashion sense (or lack thereof). We have no dress requirements beyond the basic rules of modesty. Some wear ties, dresses, and slacks. Others wear flannel, overalls, and tennis shoes. There will be no ushers or collection plates since we do not teach tithing. When the preacher stands up we realize that he is not closer to God than the rest of us.

When Bible study starts, we will be comparing verses with other verses so that you can reason based on God’s word and not on pastoral commentary. We would encourage you to look at the passages yourself. Our sole authority is not a statement of faith or denomination but the Bible on the table at which you sit. We hope that you will discover that getting straight answers about Bible doctrine is the best way to grow in spiritual understanding.

We are not perfect people, nor do we have perfect understanding, but we do have a passionate interest in better understanding God’s purpose and serving him wholeheartedly. **If this is your desire, then we would be glad to see you at one of our meetings! Want to learn more? Attend any upcoming free seminars taught by Bible teacher, Doug Kuepper, focusing on the Truth (the inspired words of God) vs. the traditions of man.**

SEPTEMBER 17 – Jesus Never Prayed “The Lord’s Prayer” (Matt. 6:9-15)

OCTOBER 1 – Not All Bible Versions Are Created Equal (2 Cor. 2:17)

OCTOBER 15 – The Reformation’s 500th Anniversary: The Good, The Bad, And The Ugly (1 Cor. 3:10-15)

NOVEMBER 19 – Christian Clichés & Legends Corrupting Scripture (Phil. 4:8-9)

DECEMBER 17 – How To Handle Holiday Stress - (Hint: Christmas Is Not Jesus’ Birthday) (Col. 2:8-10; Phil. 4:6-9)

Seminar Times & Location: 10am-11:15am – Holiday Inn Express, 15451 W. Beloit Rd., New Berlin

No reservations needed. Questions? Contact: SoundDoctrineBibleFellowship@gmail.com

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