# Celebrate Life

September 2015

A FREE PUBLICATION

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LOCAL INTEREST CALENDAR HEALTH FINANCE HOME & GARDEN ENTERTAINMENT THEATRE TRAVEL RETIREMENT LIVING DINING **FAMILY** 



### **2015 GUIDE**

# etirement

**AMERICA'S #1 GENERATION IS SHAPING TODAY'S** RETIREMENT

Starting on page 15

### **WI Scenic Driving Tours**

These driving tours are guaranteed to put you in a front row seat for Mother Nature's annual fiery palette of color. Wisconsin is a beautiful state - get out and enjoy it during it's climatic colorama fall event!

~pg 8

### **Rare Discovery of Frank Lloyd Wright Home Identified in Shorewood**

Only 433 Wright designs were ever executed. Finding one more makes headlines.

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The Mount Mary University Alumnae Association presents:

# Starving Artists' Show

### Sunday, September 13, 2015 | 10 a.m. - 5 p.m.

Mount Mary University Campus | 2900 N. Menomonee River Parkway | Milwaukee

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### **SYMPHONY SUNDAYS**

Select SUNDAYS at 3pm **PABST THEATER • 144 E. WELLS** 

Sept 13th, 2015 3pm

### "American Celebration"

Charles Ives: Variations on America. William Schuman: New England Triptych. Frederick Delius: Florida Suite

### Feb 28th, 2016 3pm "Finnish with Swedish & Ilana"

Ponchielli: Dance of the Hours from La Gioconda. Sibelius: Symphony No. 5. Mendelssohn: Concerto in D Minor for Violin and Piano. Ilana Setapen, violin Steve Swedish, piano

### March 20th, 2016 3pm

### "Peter and the Wolfgang"

Mozart: Overture to the Impressario and Symphony No. 40. Tchaikovsky: Waltz from Eugene Onegin and Suite No. 4 ('Mozartiana')

### May 1, 2016 3pm "Bigger is Better"

Wagner: Overture & Venusberg Music from Tannhauser. Richard Strauss: Salome's Dance, Four Last Songs. Kathy Pyeatt, soprano

### PAJAMA JAMBOREE

Select WEDNESDAYS 7-8pm. FREE MARCUS CENTER/BRADLEY PAVILION **123 E. STATE STREET ENTRANCE** 

Geared toward children, K-5 and & families. Casual. Wear Pajamas!

Oct 28, 2016 7pm

### "Halloween Pajama Jamborees"

Dressed in costume, FCS invites you to do the same & enjoy an evening of musical treats!

Dec 9, 2016 7pm

### "Holiday Pajama Jamborees"

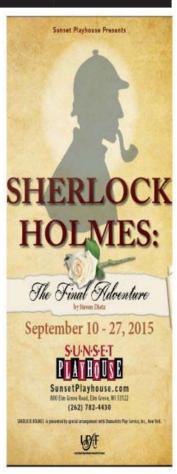
Hear holiday tunes and join sing-along. Attendees are encouraged to bring a nonperishable food donation for Milwaukee Hunger Task Force

May 11, 2016 7pm

### "Americana Paiama Jamborees"

The orchestra duels it out with bluegrass group "Above the Town" Young audience members conduct the finale.

"Pajama Jamborees" are FREE 1-hour children's pops concerts at the Marcus Center "Symphony Sundays" are general admission concerts for all ages at the Pabst \$14/adults, \$8 child/students/sr. Ask about Subscriber Packs and Early Bird Specials



### FROM THE PUBLISHERS

SEPTEMBER 2015



Don't make me say it. It can't be true. September does not mark the end of my 'summer frame of mind'! School is back in session (thank you), the gardens have reached their peak, blue jeans and sweaters are (almost) back in the closet but Fall does not start in my house until we set the clocks back.

This means we have two more beautiful months of a kaleidoscope

of colors and events to absorb and enjoy! Whether you're chasing the foliage hues on a road trip through Wisconsin (story page 8) or just hanging out with friends and family around a cozy backyard fire, this is a great time to be alive!

Amara spent the summer with grandma and grandpa - and you know what they say - when the kids are away, the parents get to play! Tom and I were able to appreciate late nights and a very quiet home this summer. It was wonderfully peaceful but we did miss all the giggling and foolishness only an 11-year old can master. It's on to 6th grade for her and another year of growing up too fast.

We've just recently moved our offices from a lower level to a second floor that overlooks beautiful Mequon farm land. Having a panamoranic view an eye twitch away from my computer screen makes a world of difference - I'll be watching this beautiful season unfold and many more while pounding away at my keyboard!

We're looking forward to another crazy year of headlines, deadlines and, of course, the usual battle trying to overcome computer intelligence. I often mention it would be easier to learn how to clean a dead fish then spend more time on my butt in front of a computer learning more technology!!

Which, speaking of fishing, brings us to our September

feature - retirement! At 51, both Tom and I have a few more years to invest in the 'rat race' but now is the time to start planning and dreaming (page 15). I've promised Tom that when he retires his gift from me will be .... a newspaper named 'Boomers'! Surpise honey - now get back to work (page 22)!!



A pan fish dinner from the Southern Kettle Moraine. Yum!

Let's Celebrate Life!

Sandy and Tom Draelos

Whether you're 30, 40, 50 or 60, planning a fantastic retirement can be as much fun as planning your next vacation.

Think outside the box. It's your life and there are no rules! Having the family visit for a month at your sunnyweather-by-the-shore condo could be more fun than living down the road and having the grandkids dropped off for another weekend of babysitting in cold Wisconsin....



### **Best Urban Places to Retire**

NerdWallet analyzed the following variables in the 75 largest U.S. cities to find the best urban places to retire based on: Presence of fellow peers, affordability, weather, entertainment and walkability. Number one, of course, should come as no surprise....

Best Urban Places to Retire continued on page 21

### Rare Discovery of a Frank Lloyd **Wright Home Identified** in Shorewood



A previously unidentified Frank Lloyd Wright design was revealed in Shorewood. The house at 2106 Newton Avenue was constructed in 1917 as an American System-Built House, a venture Wright undertook to design, develop and market well-designed houses to a broad market by using standardization to make them affordable.

"The home is an exact match to a drawing in the Frank Lloyd Wright Foundation Archives," said Mike Lilek, Curator, Ameri-

can System-Built Homes, at Frank Lloyd Wright Wisconsin. "I received a tip about the Newton home a few years ago and brushed it off. Only 433 Wright designs were executed and they are well-known and carefully researched, so I thought it couldn't be. When I finally visited the home I discovered many similarities to the Wright homes I care for on Burnham Street in Milwaukee." Lilek wanted to leave no stone unturned and found himself at the Milwaukee County Historical Society's Research Library. "I remember jumping and making a lot of noise

Frank Lloyd Wright continued on page 7

Boomers! is a monthly publication serving the Baby Boomer Generation (45 and above) of Milwaukee, Waukesha, Washington and Ozaukee counties.

We provide informative, helpful & entertaining content which relates to the issues facing this diverse, active, mega-consumer market America's number one generation!

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### **Miller Brewing** Company's 160th **Anniversary Month**

September 8 - October 3 Miller Visitor Center

Founder, Frederick J. Miller, followed his

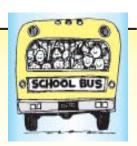
brewing passion from the German state of Hohenzollern to the United States. taking over the Plank Road Brewery from the Best brothers in 1855.

Now, 160 years later, Miller celebrates the efforts of a young, entrepreneurial brewmaster who turned a pocketful of yeast into a brewing icon. Celebrate in September, as Miller hosts guests from around the world and tells the story of young Frederick. Each week will highlight a different era from Miller's storied past, and they'll toast with 1855 Lager, only available via samplings on the Miller Brewery Tour.

We'll also use Miller's private archive collection to tell this timeless story, each week highlighting our history with images and artifacts from our collection. Retail discounts, commemorative 160th merchandise and photo packages will be available throughout the month.

This event only comes along once every 160 years, so don't miss it. See www.themillerbrewerytour.com for more information.

### 1957 vs 2015 HIGHER **EDUCATION**



### Scenario 1

Johnny and Mark get into a fist fight after school.

1957 - Crowd gathers. Mark wins. Johnny and Mark shake hands and end up

2015 - Police called and SWAT team arrives — they arrest both Johnny and Mark. They are both charged with assault and both expelled even though Johnny started it. Their juvenile arrest record begins.

Scenario 2

Billy breaks a window in his neighbor's car and his Dad gives him a whuppin.

1957 - Billy is more careful next time, grows up normal, goes to college and becomes a successful businessman.

2015 - Billy's dad is arrested for child abuse. Billy is removed to foster care, joins a gang. The psychologist is told by Billy's sister that she was punished too. Dad goes to prison. Mom has an affair with the psychologist.

Scenario 3

Mark gets a headache and takes some aspirin to school.

1957 - Mark is seen taking a pill during class.

2015 - The police are called and Mark is expelled from school for drug violations. His car is then searched for drugs and weapons.

Scenario 4

Pedro fails high school English.

1957 - Pedro goes to summer school, passes English and goes to college.

2015 - Pedro's cause is taken up by state. Newspaper articles appear nationally explaining that teaching English as a requirement for graduation is racist. ACLU files class action lawsuit against the state school system and Pedro's English teacher. English is then banned from core curriculum. Pedro is given his diploma anyway but his opportunites are limited.

Scenario 5

Johnny takes apart leftover firecrackers from the Fourth of July, puts them in a model airplane paint bottle and blows up a red ant bed.

2015 - ATF, Homeland Security and the FBI are all called. Johnny is charged with domestic terrorism. The FBI investigates his parents — and all siblings are removed from their home and all computers are confiscated. Johnny's dad is placed on terror watch list and is never allowed to fly again.

Johnny falls while running during recess and scrapes his knee. He is found crying by his teacher, Mary. Mary hugs him to comfort him.

1957 - In a short time, Johnny feels better and goes on playing.

2015 - Mary is accused of being a sexual predator and loses her job. She faces 3 years in State Prison. Johnny undergoes 5 years of therapy.



### AROUND TOWN

A collection of local events



### Gothic Milwaukee Historical Haunted Walking Tour

Now thru October 31
Cathedral Square Park
A glimpse of Milwaukee's past lead by
your own costumed tour guide for this
historical tour of downtown Milwaukee.
Discover the dark secrets and eerie
sightings lurking in the shadows of the
city. The outdoor tour runs rain or shine
and last for approx 90 minutes.

### **Mondo Milwaukee Boat Tour**

Thursday, September 10, 8pm Milwaukee Boat Line Tour the dark and seedy side of Milwaukee with the evening MONDO MILWAUKEE boat tour! This 2-hour tour via the rivers and lake will take guests past sites of long-forgotten Milwaukee horrors and scandals. Hear about vice districts, shipwrecks, terrible fires, pirates, flying saucers and more. Hosted by Matthew J. Prigge, author of the forthcoming book Milwaukee Mayhem: Murder and Mystery in the Cream City's First Century, due out in October 2015 from the Wisconsin Historical Society Press. Adults only.

### Lakefront Beer and Cheese Tasting Friday, September 11, 7pm

Uber Tap Room, 1048 N. Old World Third St.

Jim Klisch from Lakefront Brewery is coming to the Uber Tap Room Friday September 11th to talk to us about beer. We'll be listening, beer and cheese in hand of course. During the beer and cheese pairing, we will be trying 4 different beers, matched expertly with 4 different artisinal Wisconsin Cheeses. Sept. 11th @ 7 PM LOCATION: Uber Tap Room

### **Tosafest**

September 11-12
The Village in Wauwatosa
Wawuatosa's 40-year tradition of
music, food and family fun to
celebrate the historic Village and
community spirit. Free street festival
with food and beverages available
for purchase. Proceeds support
community projects.

### **Indian Summer Festival**

Sept. 11-13
Henry Maier Festival Park
The 2015 Indian Summer Festival,
the largest in North America. The
theme for the 29th annual event is
Gathering of Clans. Highlights
traditional and contemporary
American Indian music and dance,
lifestyle and customs, food and
knowledge.

### Frank Mots International Kite Festival

September 12-13, 10am-5pm Veterans Park
Grand launch of 600+ kites at noon!
The Chicago Fire Kite Team, Team
O2, Connor and Amy Doran
"America's Got Talent." All new Mega
Octopus kite. Kites and food are
available for purchase during the
event at the Gift of Wings Kite Store.
This fun filled family event is free to

### Harvest of Arts & Crafts Weekend

all, with plenty of parking.

September 12-13, 10am-4pm. Trimborn Farm, 8881 W. Grange Avenue, Greendale, WI 53129. \$5 per person, Children 10 and under free. Refreshments and parking available. Shuttle every 20 minutes, Southridge Mall near Macy's. www.milwaukeehistory.net.

### **Doors Open Milwaukee**

September 19-20
Milwaukee City Hall
The fifth annual event will open the
doors to over 150 wonderful buildings
free-of-charge to the public -buildings
that hold hidden treasures and
special stories - from churches to
office buildings, theaters to work
sites, museums to hotels, clubs to
universities; all sites of historic,
architectural, cultural, or commercial
interest.

### **HKE MKE**

Sunday, September 20, 8am Urban Ecology Ctr, Riverside Park Enjoy a hike through scenic Milwaukee while supporting the Urban Ecology Center! \* Family Friendly! \* \* Create or Join a Team! \* \* Explore Urban Nature! \* You'll hike in beautiful Riverside Park as well as the Milwaukee Rotary Centennial Arboretum and more.

### Maker Faire Milwaukee

September 26 & 27 Wisconsin State Fair Park Part science fair, part county fair, and part something new! Known as the "Greatest Show (and Tell) on Earth," Maker Faire is a family-friendly event that welcomes over 150 makers to exhibit their work, and share their knowledge and skills. Makers range from tech enthusiasts to crafters to artists to scientists to garage tinkerers and hobbyists, of all ages and backgrounds. 3D printing, microcomputers, robotics, lasers, large-scale art, alternative energy, blacksmithing, indie crafts, and more. www.makerfairemilwaukee.com.

### EAA September Swind

Saturday, September 26, 7 to 11 p.m. EAA Eagle Hangar \$40 per person, \$75 per couple. Relive the excitement and glamour of the big band era at EAA's September Swing, a 1940s-style hangar dance featuring Ladies Must Swing, an all-female, 19-piece jazz band from Madison, Wisconsin. Enjoy a night of great music, delicious hors d'oeuvres, and 1940s fun as you dance the night away amid the Eagle Hangar's authentic collection of World War II airplanes, vehicles, and artifacts.

### **World Beef Expo**

State Fair Park September 25-27 Beef cattle shows with tradeshow, showmanship, youth sweepstakes and other family friendly activities.

### Heat It Up! Milwaukee's Bloody Mary & Chili Challenge

October 3, 10am-1pm
Cathedral Square Park
The 6th Annual Bloody Mary & Chili
Challenge returns. Sample a variety
of local chilis and bloody marys and
vote on your favorite of each. \$30
dollars for unlimited chili and bloody
mary sampling! Advanced tickets will
be available for unlimited wristbands
Plus, reggae vibes with The Tritonics

### **Ladies Night Out**

October 8, 2015

Downtown Delafield, 5pm
Ladies Night out in Downtown
Delafield is a great opportunity to get
together with your girl friends, sisters,
cousins & or mom for a fun night of
shopping, dining and "wine-ing"!





••••••





# What Colorful Exteriors Say About You...

Homeowners will often pick colors for their home exteriors that reflect their own personalities. Different "pops of color" tell passersby a good deal about the home's occupants, including:

**Green:** boasts that you have traditional values, are down to earth, well-balanced and nurturing.

Blue: tells people that you are relaxed, at ease, sincere and even a bit conservative

**Orange:** says that you are friendly, assertive, adventurous and optimistic.

**Brown:** shows that you are honest, approachable, sturdy, reliable and wholesome.

Yellow: reveals that you are cheerful, a leader or organizer, and that you have a modern, open outlook.

Red: expresses a confident nature where you like to be the center of attention and sometimes exhibit signs of impulsiveness.

**Purple:** discloses that you are a "free spirited" person who is comfortable taking risks and dreaming big.

**Black:** makes a regal, independent statement often associated with prestige.

If you think a home's curb appeal matters during just daylight hours, think again.

# 10 Tips for Adding 24-Hour Curb Appeal to the Home

Experts at Fypon.com suggest that after hours curb appeal can be just as important to a home's exterior as the view during the day. "A well-lit home at night has a glow that is warm and welcoming," says JJ Rogers, sales operations manager at Fypon. "An added benefit is that investing in good exterior lighting also adds to the security of the home."

# For daylight curb appeal additions to the home exterior, Rogers recommends these tips:

#1 - Replace rotting wooden trim, shutter and balustrade systems with easy-care polyurethane products that require minimal upkeep while resisting insects, decay and moisture.

#2 - Easily accent the tops of windows on the front of the home by adding a crosshead and keystone over the tops.
#3 - Never underestimate the power of flowers. Adding window boxes of flowers, planters with bright flowers or simply pots of flowers on a porch, steps or throughout the yard instantly increases the curb appeal of the home.
#4 - Add a low-maintenance timber or smooth polyure-thane trellis system over a garage entry to add dimension and appeal to the door you drive through every day.

#5 - Install a Door Surround Kit around a home's entryway. Each kit comes with a set of pilasters to flank a standard single door and a decorative crosshead to "sit" on top of the door.

To discover more curb appeal tips, visit http://fypon.com

#1 - Place solar-powered lights on walkways and key landscape areas to create pathways and highlights.

Tips for "lighting up the night" with evening curb appeal.

- #2 Add a low-maintenance lamppost in front of the home that is either solar powered or on a timer to shine during evening hours.
- **#3** Flank the entry door with lights to make it easy to find the door and to see who is visiting after dark.
- #4 Clean up existing lights. Take time to replace burnt out bulbs and do a good, strong cleaning on light fixtures so that the lights really work for you.
- **#5** Invest in a lighted doorbell and lighted or reflective house numbers to make finding your home and entryway easy for guests.
- "Motion sensor lighting is another terrific way to make it easy for visitors to safely enter a driveway and pathways," says Rogers. "This type of lighting also helps deter burglary attempts and lets homeowners know when roaming animals are in the yard."





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# Top 10 Best College Towns, 2015

### Annual Livability.com list identifies and ranks America's college towns

Living in a college town allows residents to tap into the economic stability that universities provide and the creative energy that students bring. Even if you're not a student, being a college town resident will certainly keep you entertained. With this in mind, Livability.com has named the Top 10 Best College Towns, 2015. These cities provide supportive places for students to thrive both academically and socially, endless entertainment options and cultural and economic enhancements from their area universities.

When choosing the best college towns, editors first analyzed data from the Census, Esri and other sources to find cities with a high concentration of schools and a highly educated population. They looked at cities that have a high population of 25- to 29-year-olds as an indicator of the town's ability to retain graduates who decided it's a cool enough place to stay after graduation. They also looked for diverse towns where education is a dominant employer. Some bonus points were given to towns with Division I athletics because, like it or not, strong sports programs help define college towns. The availability of rental housing and the affordability of that housing were also considered.

"For most college-bound kids, this is really the first time they are choosing where they get to live," says Livability editor Matt Carmichael. "It shouldn't be the only consideration in selecting a college, but it should be factored in."

- 1. Manhattan, KS
- 2. Durham. NC
- 3. Columbia, MO
- 4. Berkeley, CA
- 5. Denton, TX
- 6. Cambridge, MA
- 7. Gainesville, FL
- 8. Columbia, SC
- 9. Lincoln, NE
- 10. Bowling Green, KY

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# Rare Discovery of a Frank Lloyd Wright Home Identified in Shorewood

continued from page 3



Interior. Photos by Mike Lilek

in the library at the Milwaukee County Historical Society when all the pieces fell into place and I knew I had discovered another Wright building." Lilek has since checked around the country and no one can recall the last time an actual Wright building was discovered. "It's been at least a decade. This is so incredibly rare and unusual," said Lilek.

"The house was advertised for

sale in the Milwaukee Journal in December of 1918 stating that the house was 'Originally designed by Frank Lloyd Wright'," Lilek said.

The Shorewood house is a "Model A203" with two bedrooms. An open porch at the rear of the house was enclosed for added living space at an unknown date, though the original art glass windows are still in place. A basement-level garage was added in 1976.

Wright produced more than 900 working drawings and sketches of various designs for the American System-Built Houses. Six examples are on West Burnham Street at Layton Boulevard in Milwaukee where there are four duplexes and two single-family homes. The non-profit Frank Lloyd Wright Wisconsin has restored one of the Burnham Street houses, which is open regularly for tours, and is restoring one of the duplexes.

Wright said that he had been thinking about the system for many years. By 1916, companies connected to Arthur L. Richards entered into an agreement with Wright to promote the American System-Built Homes.

The agreement between Wright and Richards anticipated that the American System-Built Homes project would be wildly successful, though only about a dozen structures were built. The entry of the United States into World War I on April 6, 1917 inflated prices and building materials diverted to wartime needs combined to bring housing starts to a halt.

The house at 2106 Newton Avenue is a private home and the public is asked to respect the privacy of the residents.



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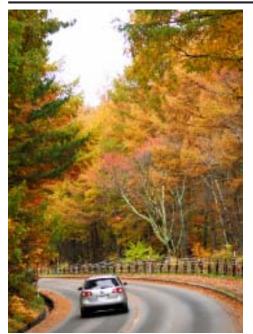




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### Marinette County's Waterfall Tour

Marinette County's Waterfall Tour is a scenic wonder in autumn. Marvel at a series of 14 falls and cataracts throughout this 125-mile loop tour. See one or see them all; make your fall foliage driving tour as long or as short as you want! Half of the falls are located in pleasant county parks with picturesque footbridges and practically-perfect picnic areas.

Marinette County boasts some of the finest whitewater paddling in the Midwest on the Pike, Peshtigo and Pemebonwon Rivers. They run fast and clear

Autumn echoes its own beauty with nature's most enchanting death – the annual color change and drop of the leaves. As the sun beams with less intensity and the nights become longer and cooler, leaves stop producing chlorophyll, gradually unmasking pigments that were there all along. ~By Jeniece Smith

# Scenic Autumn Drives through Fall in Wisconsin

Autumn in Wisconsin is all about the color ... and getting out to see it. These driving tours are guaranteed to put you in a front row seat for Mother Nature's annual fiery palette of color. Wisconsin is a beautiful state - get out and enjoy it during it's climatic colorama fall event!

through pine and hardwood forests. Their tributaries offer more than 620 miles of excellent trout fishing. Access the falls via Parkway Road on the west side of the county, or Hwy 141 on the east. Blue "waterfall tour" signs mark the route and help you find some of the more hidden – and lovely – falls.

### **Hayward Lakes Area**

The Hayward Lakes Area in northwestern Wisconsin has developed six fall color tours ranging from 45-70 miles in Sawyer County. Most of the driving routes traverse portions of the Chequamegon-Nicolet National Forest, the Lac Courte Oreilles Indian Reservation, or the Blue Hills. Fall foliage scenic routes are well-marked with numbered signs that incorporate a distinctive leaf-design.

Hayward is one of Wisconsin's prime fall vacation areas, so you'll find plenty of resort accommodations and eateries, as well as world-class fall walleye and musky fishing. The 74-mile Tuscobia State Trail, popular with ATV riders, bisects Sawyer County and offers other fall driving tour options.

### **Upper Mississippi River Valley**

The Upper Mississippi River Valley is fantastic for scenic fall drives; a broad ribbon of water shouldered by sandstone bluffs daubed in amber and rust. Follow Hwy 35, affectionately known as the Great River Road, from Prescott to Potosi for nearly 250 miles of charm-

ing river towns, antique shops, great cafes, and stunning bluff-top views. Along the way, observation platforms allow you to watch river barges "lock through" at Lock & Dam No. 4 at Alma, No. 6 at Trempealeau, and No. 8 at Genoa. Enjoy three State Parks, a pair of Historical Society sites, terrific walleye and bass fishing, and some of the finest bird watching in the Midwest.

### **Bayfield Peninsula**

Fall colors frame the views along the Bayfield Peninsula tour. Start in Ashland at the Northern Great Lakes Visitors Center where a wonderful series of exhibits detail the area's regional history and culture.

During your scenic fall driving tour follow Hwy 13 and the Lake Superior shore north to Bayfield, a quaint harbor town with a great fall vacation vibe. Bayfield is also the gateway to the Apostle Islands National Lakeshore; 21 gem-like coastal islands and 12 miles of mainland that are home to six lighthouses, labyrinthine sea caves, terrific blue-water sailing, and some of the best sea kayaking in the world. You can take a ferry to Madeline Island where you can visit Big Bay State Park and a State Historical Society site.

North of Bayfield, Hwy 13 swings west paralleling Lake Superior's south shore for forty miles to the Brule River State Forest – 40,000 acres of whitewater canoeing, kayaking, camping and trout fishing.

Wisconsin Color Tours continued on page 9



### Scenic Autumn Onives through Fall in Wisconsin

continued from page 8

### **Kettle Moraine Scenic Drive**

A 115-mile ramble through the riot of oak, maple and aspen fall color in the 50,000 acres of the southern and northern units of the Kettle Moraine State Forest traversing six Wisconsin counties; from Whitewater Lake in Walworth County north to Elkhart Lake in Sheboygan County. The forests include much of the terminal moraine (where the last great glacier stopped 12,000 years ago) in south-central Wisconsin. There are many places to picnic, hike, camp, bike, swim and fish during your fall foliage road trip. Marked by distinctive green and white "Acorn" signs, the scenic fall drive ends near Greenbush and the Wade House – an 1844 stagecoach inn operated by the Wisconsin Historical Society.

### **Hilltop Color Tour**

Three of the state's highest points can be found in central Wisconsin along this tour from Wausau to Ogema to Neillsville. A 60-foot observation tower in Rib Mountain State Park near Wausau affords a breathtaking perspective of the Wisconsin River Valley's fall foliage below. The mountain, estimated at one billion years old, is one of the oldest geological features on the planet. Timm's Hill, near Ogema, is the highest point in Wisconsin – 1,951 feet above sea level. The peak is preserved in Timm's Hill County Park. At its top, an observation tower rises an additional 60 feet for outstanding views. One of the best drives-The Highground near Neillsville which occupies a ridge that overlooks colorful hillsides and glacial moraines. It is dedicated as a memorial park with many sculptural tributes to Wisconsin veterans.

### **Black River State Forest**

The Black River State Forest lies just east of Black River Falls in west-central Wisconsin. Its 68,000 acres accesses some unique geology. The forest lies in two lobes; the largest north of Interstate 94, and a smaller lobe to the south. The southern lobe includes Castle Mound. A hike to the top provides views of the former bed of glacial Lake Wisconsin.

You can access the northern lobe of the forest via North Settlement Road (I-94 exit 128 at Millston). The road sweeps north ten miles to the Dike 17 Wildlife Area. Climb the observation tower there to see sandhill cranes, geese, ducks, bobolinks, warblers, harriers, and bald eagles. 98 family campsites, 27 miles of hiking trails, and 33 miles of mountain bike and ATV trails. As a bonus, the Black River Falls area is rich in cranberry bogs, turned red with the seasonal harvest.

### Wisconsin River/Baraboo Hills Tour

This tour begins in Lodi and heads west on Hwy 113 for five miles to Cty V and Gibraltar Rock County Park. The climb to the top is steep and not for the faint-of-heart, but the views are truly spectacular. Two miles further on Hwy 113 and you'll cross the Wisconsin River aboard the ColSac III Merrimac carferry – it's free. Hwy 113 then turns north and bisects Devil's Lake State Park – one of Wisconsin most popular parks with terrific views from the bluffs above the deep blue lake. Hwy 113 continues into Baraboo where the kids will love a stop at Circus World Museum. Follow Hwy 12 north seven miles to

Fern Dell Road west to Mirror Lake State Park. From there the many amusements of Wisconsin Dells – including autumn boat tours through the carved sandstone bluffs of the Wisconsin River – are just minutes away.

### **Dodgeville to Spring Green**

The scenic fall drive along Hwy 23 from Dodgeville to Spring Green is one of the most picturesque in southwestern Wisconsin. This 18-mile stretch traverses the hardwood ridges and valleys of Wisconsin's driftless area. You can visit a pair of Wisconsin state parks as well as two of the state's top tourism attractions. For additional fall color adventure, take any of the intersecting roads that meander the coulees and echo their history – Norwegian Hollow Road, Hunter Hollow Road, or Percussion Rock Road. Just outside Dodgeville, Governor Dodge State Park offers 5,000 acres of fun with 270 campsites, 28 miles of hiking trails and a scenic waterfall. Closer to Spring Green, The House on the Rock's daring Infinity Room features a 218-foot-long glass walkway that hangs over the autumn splendor of the Wyoming Valley, 156 feet below. Architect Frank Lloyd Wright's Wisconsin home, Taliesin, is nearby as is Tower Hill State Park.

Travelwisconsin.com. Text "WI Fall" to 468311 to receive alerts, or check our annual Wisconsin Fall Color Report starting in early September for real-time details from our statewide network of foliage reporters.

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> Come on in and "Get Camping"



Our kids certainly don't see their parents or grandparents as a tech-savvy bunch, but times sure are changing. The baby boomers have had a decade or so to get comfortable with computers and technology, so many of us know our way around a smartphone. Today we have iPhones, iPads and a plethora of tech gadgets – and we know how to use them. Clear evidence of this trend can be seen in a never ending offering of apps designed for 50-somethings to new retirees. So the questions is...

# WHAT'S YOUR FAVORITE APP?

app (ap) noun: Computing plural noun: apps

 a self-contained program or piece of software designed to fulfill a particular purpose; an application, especially as downloaded by a user to a mobile device.

### **HEALTH APPS**

### HeartWise Blood Pressure Tracker (\$0.99-\$2.99)

Easily record your blood pressure, your resting heart rate and your weight, and you'll be able to track it on a daily basis and over time.

### Heartwise Instant Heart Rate (Free)

This app uses your iPhone's camera to detect your pulse from your fingertip, which is similar to what pulse oximeters already use.

### Pillboxie (\$0.99)

Remembering you have to take your medication is important – but just as important is remembering, which medications you have to take at which times.

### WebMD (Free)

Use WebMD's Symptom Checker to help what your potential issues might be, and this app can also work as a handy guide for medical emergencies.

### My Medical (\$3.99)

Keep all of your family's medical information and medical history in one spot, for quick access. Track blood tests and X-rays, and have the ability to back the information up to your computer, too.

### **HELPING HANDS APPS**

### EyeReader (\$1.99)

Hold your iPhone over a book or some paperwork, and your phone turns into a magnifying glass, with a light to help brighten the text.

### Silver Surf (Free)

Blows up the navigation buttons and makes it easier for older users with less dexterity in their fingers than most people. It also has Interactive Text Zoom slider that enlarges text up 200%.

### Park'n'Forget (\$0.99)

Input what floor you're on and what aisle or spot, and you'll never roam the parking garage again. It also has a convenient "Parking Meter" timer, that alerts you when you're parking meter expires.

### FREE ENTERTAINMENT APPS

### Clevermind (Free)

This is a great app to help people dealing with cognitive impairments that come with problems associated with Alzheimer's and other forms of dementia. From quizzes and games, to big buttons and voice command controls.

### Lumosity (Free)

Keep your mind sharp with some of the best mind games around, designed by neuroscientists working to enhance memory, attention and other skills.

### Yesterday USA (Free)

Great Internet radio app that broadcasts "old-time radio shows" all day, every day featuring shows from the 1920s, 30s, 40s and 50s.

### Pandora (Free)

By typing in any artist, band or song, users will be able to listen to thousands of songs in that same genre. Then they can upvote or downvote each song, which helps Pandora fine-tune which songs you prefer to hear for each channel.

### **NEWS & SOCIAL APPS**

### FlipBoard (Free)

This is the greatest invention since the invention of social media! Connect this app with all of your social media accounts, and connect it with some of the best news and content sites that interest you. Then watch it turn everything into a digital magazine, in which you "flip" the pages and see everything set up like a magazine, including Facebook posts and tweets.

Reviewed by David Gonos the Digital Content Manager at DigitalLanding.com. The company helps users learn about the latest in TV, Internet and phone services. See more at: http://seniornet.org/blog/16-helpfulapps-for-seniors





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### GarageBand

Turns your iPhone into a recording studio. Previously a paid app, GarageBand now has a freemium model. For no charge, you get full access to its features, including a range of smart instruments, MIDI editing and song arrangement

### Find My iPhone

For the paranoid souls out there (or the unlucky ones who've had their devices pilfered), Find My iPhone is a must-have download. You can set up a free account and locate your devices within seconds.

Shazam is an app that feels like magic when you first use it. It's deceptively simple—hold your iPhone near to a music source, and wait while the app listens and tells you what track is playing. But the sheer technology behind this simplicity is mind-boggling, and while Shazam doesn't always guess right, it's worth a download.

Photoshop Touch has all your post processing needs. This versatile post processing tool lets you tweak your images for everything from brightness, contrast, saturation to toning down the highlights.

Calorie Counter's a smart download. The app is well designed and, importantly, has a massive fooditem database, making it easy to input everything you eat. Web sync, optional social features, reports and goals add to the goodness.

Uber is transforming the way we travel. You can quickly and easily request a taxi using the app and get picked up within minutes and you can compare rates and get quotes, as well as paying with PayPal or by adding your credit card to a secure Uber account

Spotify has been pretty quick to establish itself as the top music streaming service, and the app brings some great features to your iOS device, turning it in to a pocket jukebox that delivers your favorite tunes no matter where you are.

### **Red Panic Button (\$1.99)**

If you live alone, or if your daily activities make you prone to injury, this app is a must. With the tap of a big red button, a text message and email alert with GPS coordinates are automatically sent to a pre-selected list of medical contacts. Prime Alert is another similar option.

### 7 Minute Work Out

No time to hit the gym? No worries this is a great beginner's tool for a healthier lifestyle, without spending the big bucks

### AllRecipes (free)

Break out of your recipe box's collection of classics with a cooking app. New recipes submitted from home chefs all over the country, instructional videos. You can search by ingredient and course, too, which helps you find new ways to experiment with old ingredients. Epicurious is another recipe app with similar functionality and beautiful photos.



### **Words With Friends** (free)

The No. 1 mobile word game. Words with Friends is loved by all generations. Use it to play a Scrabble-like game with friends, family, or anonymous people across the world. More into crosswords than Scrabble? Try Crosswords Classic, another addicting word game with crossword puzzles aggregated from large newspapers.

Listen to inspiring talks from today's brightest minds with access to over 1,400 recorded video talks.

Duolingo does not have Brainscape's wide range of subjects, but it, too, is a good way to study on a foreign language.

### **GOLF GPS RANGE FINDER**

You may be tempted to drop hundreds of dollars on a range finder to guide you in your struggle to make par. But several smartphone apps provide similar services using the phone's built-in GPS. The Free Golf GPS Range Finder, allows you to drop pins on a satellite view of your current hole and automatically calculate the distance.

~Online Reviews

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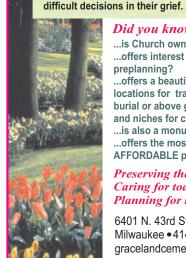
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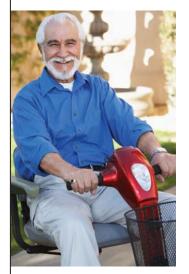
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One glass of water shuts down midnight hunger pangs for almost 100% of the dieters studied in a University study:

Lack of water is the #1 trigger of daytime fatigue.

Preliminary research indicates that 8-10 glasses of water a day could significantly ease back and joint pain for up to 80% of sufferers.

A mere 2% drop in body water can trigger fuzzy short-term memory, trouble with basic math, and difficulty focusing on the computer screen.

Drinking 5 glasses of water daily decreases the risk of colon cancer by 45%, plus it can slash the risk of breast cancer by 79%, and one is 50% less likely to develop bladder cancer.

### What's the best way to take a nap?

To get the most out of a nap, follow these simple tips: Keep naps short. Aim to nap for only 10 to 30 minutes. The longer you nap, the more likely you are to feel groggy afterward. Take naps in the afternoon. The best time for a nap is usually midafternoon, around 2 or 3 p.m. This is the time of day when you might experience post-lunch sleepiness or a lower level of alertness. In addition, naps taken during this time are less likely to interfere with nighttime sleep. Keep in mind, however, that individual factors — such as your need for sleep and your sleeping schedule — also can play a role in determining the best time of day to nap.



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### **SEE THE BIGGER PICTURE Share Your Family Stories**

By Mollie Bartelt

Co-Founder of Pixologie, Inc.

Okay, I'm putting you on the spot - can you tell me where your photos are located right now? I'm betting not one person who reads this can reply with a single one-word answer. Responses typically are a mixture of "All over the place" or "I have albums, boxes and all these photos on my computer and camera cards," or a combination of long drawn out explanations, ending with "I really should do something with them."

Do not worry if you have a photo mess, you are not alone. In a 2014 white paper called the Photo Management Challenge, Suite48 Analytics reported:

- Each month the average consumer takes 54 photos with their digital camera, 41 with their smartphone and 19 with their tablet.
- For those respondents who don't routinely sort through their photos, 53% are bothered that they don't do it - and often the reason they don't is they just don't have the discipline. Only 13% reported that it was due to a lack of easy software or apps.
- 57% of our respondents believe their photo collections either "need a lot of work" (they're "somewhat organized") or are "largely disorganized" with no differences noted in gender, age and parenthood.

This overwhelming chaos of photos is not our fault. It is a result of the huge advances in our digital age combined with generations of photos being passed down to adult children.

As professional organizers, we believe photos matter - a lot These pictures:

- · Affirm families, values, traditions and memories
- Build self-esteem, especially in children
- · Connect generations
- Strengthen relationships
- Preserve legacies
- Celebrate life!

It's time to organize your photos, digitize them and get the memories back into life to celebrate and share. Although the ultimate goal is that all your photos are in one place where you can easily find what you are looking for, the hardest job is

just getting started. Keep in mind, organizing your

photos is not a one-hour job here and there especially if you are starting with years of photos to catch up on. Here are a couple of tips to get started:

- Just start! For printed photos, just sitting in boxes, envelopes, etc, start sorting through them. You'll want to make piles of photos, maybe by decades, years or by person or subject. Stack photos with an identifying index card in a photo box. It is very satisfying to see progress!
- Designate a consistent time and place We recommend a separate room in the house, or at least a separate table where you can leave your photos laid out for the next time you work on them. With large amounts of photos, you'll want to work on them at least weekly, so you can remember what you were doing when you ended the last time.
- Get help! There are many classes in the community on working with photos, digital photos and software. We've helped hundreds of people get started through our basic classes and services offered at our studio.

Your photos and family stories deserve to have a plan so you can get those pictures out of chaos and into your life to be celebrated and shared!

For more information about printed and digital photo organizing, preserving and class schedules at the Pixologie studio, contact cmollieb@pixologieinc.com or visit www.pixologieinc.com



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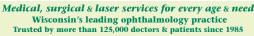
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### **Help The Milwaukee Public Museum Complete the** Streets!

When the Milwaukee Public Museum (MPM) opened the Streets of Old Milwaukee (Streets) in 1965, we couldn't have imagined its future popularity. Throughout the last 50 years, this beloved exhibit has become part of the Milwaukee story. Streets Reimagined will continue to carry on that heritage.

"One of the greatest parts about working on Streets is the memories people want to share with you," said Julian Jackson the Museum's Director of Exhibits and Graphics. "Everyone has a story about the first time they saw Streets, or the first time they brought their own children. What really surprised us was how many people talk about an item that may have belonged to their grandparents or great-grandparents currently housed in the exhibit. Everyone wants something of theirs in Streets.'

Here's the chance for every Milwaukeean to have something of their own in Streets. Several special projects still need funding.

Whether you miss the working water pump, want to pedal a high-wheel bicycle or long to smell the scent of a turn-of-the 19th-century bakery, you can donate a little, or a lot.

Descriptions of each of these special projects is available at http:// www.mpm.edu/join-support/donate/ complete-streets. Streets of Old Milwaukee will reopen in December 2015.



# Don't Just Retire... Start Living!

By force of numbers alone, the 79 million member Baby Boomer generation almost certainly will redefine old age in America.

But don't tell Boomers that old age starts at 65. The typical Boomer believes that old age doesn't begin until age 72, according to a Pew Research survey - The typical Boomer feels nine years younger than his or her chronological age.

# Do I Stay or Do I Go? The Retirement Community Decision

Every adult reaches a point in life when they ask themselves, "Can I keep living in my home, or is it time to move?" There are pros and cons to both living at home and moving into a retirement community. Adjustments can be made to a home so a person can pretty much stay as long as they want. On the flip side, that same person may enjoy the benefits of independent living or assisted living communities much more.

### DO I STAY?

According to AARP annual surveys, at least 80-percent of older adults want to stay at home. One way to decide if this is right for you is to seek expert advice. Your doctor can recommend an occupational therapist or a Certified Aging-in-Place Specialist to evaluate your home to determine what needs to be done so a you can keep living there.

Beth Valdivia is a Certified Aging-in-Place Specialist through The National Association of Home Builders (NAHB).

"I like to see how the person uses their home," Valdivia said. "Do they entertain a lot? How long do they plan to stay?" Some of the changes to consider are:

Accessibility: How hard is it to get in and out of the house, and room to room? Does the home have at least one step-free entrance? Are the doorways and hallways wide enough for a walker or wheelchair? Is there a bedroom, full bathroom and kitchen all on the same level?

Valdivia also noted adding a ramp and deck to the home to improve access doesn't mean it has to be an eyesore. "Just because it's accessible doesn't mean it can't look pretty," she said.

Stairways: Do they have sturdy handrails on both sides? Should you install a chair lift? One of the most popular jobs is to install chair lifts so people can access upstairs bedrooms or laundry facilities downstairs.

Lighting: Are hallways, doorways, and staircases well lit, especially at night when seniors are sometimes disoriented when they wake up?

Bathrooms: Are they accessible for a wheelchair or walker? Can the homeowner step into the tub or shower, and does it have a non-slip surface? Does the toilet need to be higher to make sitting and standing easier? Do grab bars need to be installed?

Kitchens: Are countertops or tables at various heights so work can be done sitting or standing? Can a wheelchair or walker maneuver in the space?

### OR DO I GO?

Sometimes the cost or hassle of updating the home may make the idea of moving to a retirement community more appealing. However, this doesn't have to mean moving to a nursing home.

Connie Michaelis, Director of Marketing for a Retirement Community, said, "Keep in mind the first step into a retirement community is usually Independent Living, and then on to Assisted Living. Independent living may significantly improve the lifestyle of seniors. Better food, more safety, and lots of healthy socialization and activity. It is a proven fact that the more active seniors stay, the longer they stay healthy. Being home alone, certainly if you don't drive, leads to inactivity, boredom and sometimes depression. Diet typically suffers too."

Retirement communities are specifically designed to be what Michaelis calls, "senior friendly." Accessibility is achieved with elevators, ramps, and step-free spaces. Bathrooms are designed for easy access by wheelchairs and walkers, as is the dining area.

Retirement communities also offer other benefits. Some manage your medications and provide some healthcare. Often there are activities planned, such as card games, arts and crafts, educational seminars, Bible study, exercise classes, and field trips. Some communities, like McCrite, also have amenities such as a fitness center, pub, theater, and hair salon. Plus, the facility takes care of all the maintenance, from changing light bulbs to mowing the grass.

"The general thought is that one stays in their home until there is a medical reason to leave," Michaelis said. "The mind set is that senior living is for individuals that need assistance in their daily activities. In fact, it's the exact opposite. Most residents express a sense of freedom. Freedom from daily chores and the responsibilities of owning a home."

RetirementLiving.com: Online resources for senior living. The Retirement Living Information Center provides a convenient, easy-to-use resource designed to assist you in planning and making decisions about your retirement.

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### TIREMENT HOUSING GUIDE

SEPTEMBER 2015

### **ALEXIAN VILLAGE OF MILWAUKEE**

Courtney Crawford / 414-355-9300 / 9301 N. 76 St. Milwaukee, WI 53223 www.alexianbrothers.net

Alexian Village is a Continuing Care Retirement Community offering services that range from independent living, assisted living, memory care, skilled nursing care and short-term rehab. Our campus also offers Adult Day Services as well as Club Alexian for those individuals who are looking for social and recreational activities.

### ALGONQUIN MANOR SENIOR APARTMENT

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Joann Cizel /414-421-4900 / 7010 West Grange Avenue Greendale, WI New luxury community! Business center, fitness center, community room and social activities. Close to historic downtown Greendale and Southridge mall; heat and hot water included; spacious floor plans with walk-in closets; patios and balconies; stainless steel appliances, including dishwasher and microwave; free underground and surface parking. Pets cherished. (Income limits may apply.). BERKSHIRE AT KENSINGTON

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Beautifully remodeled, affordable apartments for Active Adults (55+) in Waukesha. ALL UTILITIES INCLUDED & free indoor parking. On-site bank, chapel, beauty salon, fitness center and more! Free weekly transportation to shopping. On city bus line. Pets welcome with limits. (Income limits may apply.)

### BERKSHIRE-OCONOMOWOC

Sandy Griesemer / 262-567-9001 / 210 South Main Street Oconomowoc, WI

www.berkshire-oconomowoc.com

Luxury comfortable housing in beautiful Oconomowoc for independent adults 55 and older. One/two bedroom homes, elevator to each floor; heat and hot water included; controlled access entry; private patio/balcony on most units; library, computer, exercise rooms; free underground/service parking; Oconomowoc Sr Center on site. Walking distance to two lakes. Weekly farmers market. Income limits

### **BERKSHIRE AT SUNSET**

262-548-0131 / S30 W24890 Sunset Drive Waukesha, WI 53189 Our 1 and 2 bedroom homes provide affordable luxury including: balconies & patios, spacious floor plans with walk-in closets, complimentary underground & surface parking, heat & hot water, same floor storage & laundry rooms, social activities, library, computer & community room, close to the new Shoppes on the Fox River. Pet friendly environment. Income limits may apply. Call for a private tour! BERKSHIRE-WEST ALLIS

Chris Sorensen / 414-258-2720 / 1414 South 65th Street West Allis, WI 53214 www.berkshire-westallis.com

Spacious and affordable one and two bedroom apartment homes near historic downtown West Allis. Within walking distance of the farmers' market, senior center, grocery store, banks, and more. On the bus line. Free heat, water and parking. Enjoy the fitness, computer, and community rooms, library, outdoor courtyard with gazebo and bbq grill, plus social activities for everyone! Income limits apply





SEPTEMBER 2015

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### **CLEMENT MANOR**

Keri Gerlach, Director of Marketing / 414-321-1800 / 3939 South 92nd Street, Greenfield www.clementmanor.com

You will feel the difference at Clement Manor, a faith-based continuum of care that includes independent and assisted living apartments, Adult Day Services, transitional care, long-term care and a lifelong learning program. Our quality of care has been nationally recognized, but we are right in your neighborhood! Sponsored by School Sisters of St. Francis.

### COTTONWOOD TRAILS APARTMENTS

Andrea / 414.483.9969 / 4600 South Nicholson Avenue Cudahy, WI www.cottonwood@bearproperty.com

Cottonwood Trails Apartments is a senior complex which offers Section 42 for adults 55 plus. This is a non-smoking environment with underground parking, elevator, laundry rooms on each floor, private intercom and a community room. Heat and water included in the rent.

### CREATIVE LIVING ENVIRONMENTS, LLC

414-258-9955 / Milwaukee, Suburbs and Waukesha www.cle-ccls.com

Creative Living Environments' five welcoming senior assisted living homes and NEW community in Cudahy and Bayside opening FALL 2015. Haven Cudahy and Haven Bayside promote physical and emotional well being, self worth and independence. Both will excel in supporting seniors with mobility, complex medical/physical frailties and dementia care needs.

### HERITAGE COURT

Wendy Kempf / 262-442-1540 / N84W14250 Hampton Ave. Menomonee Falls, WI Heritage Court Memory Care Community is a warm and inviting environment for seniors who need extra attention to their memory needs. Two 18-suite neighborhoods offer a home-like accommodation within the secured community. Residents enjoy a high degree of freedom/independence while monitored closely by an experienced professional. Interior garden. Suites are private with bath. HERITAGE AT DEER CREEK

Ivory Heinen / 262-432-0222 / 3585 S. 147th St. New Berlin, WI Assisted Living and Memory Care Community

A warm and compassionate community where daily assistance and respect for independence are paramount. Maintain your current lifestyle in a choice between studio, one or two bedroom apartments. Care packages and personalized services are based on the resident while 24 hour assistance is always available. Options for dining services and health and wellness programs are also available. HERITAGE ELM GROVE

Becky Rintelmann / 262-786-5800 / 800 Wall Street Elm Grove, WI We offer Assisted Living, Enhanced Assisted Living and Memory Care communities as part of our Campus. Residents thrive with our well trained staff, excellent culinary meal program, exercise and walking programs along with our daily activities Call for more information.

### HERITAGE LINCOLN VILLAGE

Kathy Rassel / 414-964-7678 / 1330 W. Lincoln Avenue Port Washington, WI 53074 www.heritagesenior.com

The New Heritage Lincoln Village providing the latest in luxury care for Independent Living, Assisted Living, Enhjanced Assisted Living and Memory Care - Opening in 2015! Providing the highest standard of care while protecting, cherishing and dignifying the knowledge, value and joy of our residents. Currently leasing! HERITAGE WEST ALLIS

Chris Kohn / 414-302-9700 / 7901 W. National Ave. West Allis, WI 53214 Assisted Living and Memory Care Communities with choices between studio, one or two bedroom apartment. Every apartment features a kitchenette and private bath and walk-in-shower. Emergency call system and personalized call pendants. Memory Care specializes in care for Alzheimer's or other related dementias. Private suites with bath and walk-in shower. No entrance or endowment fee.

### HICKORY PARK INDEPENDENT AND ASSISTED LIVING

Kim Deegan / 414-333-9710 / 3933 S Prairie Hill Lane Greenfield, WI 53228 www.seniorlifestyle.com

Located minutes away from shopping, doctor's offices and hospitals. We offer a wide range of activities including educational programs, creative activities and offsite excursions. We also offer restaurant style dining, certified caregivers providing round the clock care, pet friendly. Stop in for a tour!



**RETIREMENT HOUSING GUIDE** continued on page 18



**6 Desirable and Convenient Locations** 

Services, LLC

Becker Property | 262-240-9406

EMAIL: BeckPropSvcs@aol.com

Accessible, federally subsidized, safe, secure, barrier-free, affordable one bedroom apartments for seniors age 62 & older.

- Burnham Village West Milwaukee
- Cifaldi Square Cudahy
- Gonzaga Village West Allis
- Oak West West Allis
- Sunset Heights Waukesha
- Valentino Square West Allis

Call or email for more information or an application!



www.beckerpropertyservices.com

### JACKSON CROSSINGS





**Enjoy Living on the Lake Only Minutes From Milwaukee** 

- Spacious Independent and Assisted Living Apartments with signature programming for our Residents called Lifestyle 360
- Memory Care with an award winning program called **Bridge to Rediscovery**
- Enhanced Dining
- Specialized Training of Staff N168 W22022 Main Street Jackson, WI 53037

(262) 993-2838

Hwy 45 North to Hwy 60 East

www.jacksoncrossings.com





### Amenities you'll love...

1 & 2 BR AFFORDABLE APARTMENT HOMES FOR SENIORS 55 & BETTER! in-home washer & dryer included | heated underground parking fitness facility | fantastic community areas | personal patio/balcony





Call & ask about our CURRENT SPECIALS! 414.357.8596

1090I W Donna Dr | Milwaukee, WI 53224 | MeetingHouseMilwaukee.com

Experience the  $\overline{\mathrm{DOMINIUM}}$  Difference. @&

### It's a NEW DAY at Wellspring!

Wellspring of Milwaukee excels in providing Respiratory Care Services to our residents that include Tracheostomy Management, Weaning and Support Services. Our program includes:

- Highly successful trach weaning programs with speech language pathologists and respiratory therapists on-site
- CPAP/BIPAP therapy for patients with sleep breathing disorders
- Communication intervention including use of the Passy Muir speaking valve
- Pulse oximetry monitoring
- Nursing & Certified Nursing Assistant (CNA)
   Staff certified in Respiratory Care
- Consulting Pulmonologists on regular rounds, Dr. Abbas Ali



Henry Shearrill, Short-Term Care Resident & Active Participant in the Respiratory Care Program Patty Robertson, Respiratory Care Program Director



### Wellspring of Milwaukee offers:

- ♦ Short –Term Rehabilitation
- ♦ Skilled Nursing Care
- Memory Care
- Respite Care
- Wound Care Management



Stop at <u>Anytime</u> For a Tour!

Meet our Talented Staff & See our Beautifully Renovated Facility!

9350 W. Fond du Lac Avenue \* Milwaukee, WI 53225 \* Phone: 414-438-4360 Fax: 414-255-3540 \* www.wellspringhealthcarecenter.com



### RETIREMENT HOUSING GUIDE

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### HORIZON DESIGN BUILD MANAGE

Multiple locations - see our ad for details

www.horizonseniorhousing.com

With locations in Burlington, Cudahy, Delafield, Franklin, Greenfield, Milwaukee and Wauwatosa, Horizon Management Services offers a variety of amenities at our apartment communities for those 55 or better. To find a community near you, see our ad or go to www.horizonseniorhousing.com.

### JACKSON CROSSINGS RETIREMENT COMMUNITY

Katie Cavazos / 262-993-2838 / N168 W22022 Main Street, Jackson, WI 53037 www.jacksoncrossings.com

Enjoy active living among friends in a smaller intimate "lake lodge" environment. Outstanding care with services readily available as needed. Supportive care in beautiful independent apartments with lake views, Assisted Living and Memory Care. Please call (262) 993-2838 to arrange a tour.

### JEWISH HOME AND CARE CENTER, CHAI POINT SENIOR LIVING and SARAH CHUDNOW COMMUNITY

Marlene Heller, Marketing & Communication Director 414-277-8802 / 1414 North Prospect Avenue Milwaukee, WI 53202

www.JewishSeniorLiving.org; www.SarahChudnow.org
Full continuum of care, both in Milwaukee and the northern suburb of Mequon. Only
Jewish option in Wisconsin. Sophisticated entertainments, delicious kosher cuisine,
lakeside beauty, person-centered care and careful attention to detail make us the
best option for all faiths. Rehab, memory care, independent living, assisted living
and long-term care.

### LEXINGTON HERITAGE

Wendy Kempf / 262-432-1540 / 5020 S. 107th St., Greenfield, WI A 20 apartment community including sunroom and private patio. Offers studio, one bedroom and two bedroom. Each apartment can be individually decorated and furnished while the apartments include modern amenities, a kitchenette and private bath with a walk-in shower. Emergency call system and personalized call pendants. No enrollment/endowment fee. Caregivers on staff 24 hours a day.

### MEETINGHOUSE OF MILWAUKEE

414-357-8596 / 10901 West Donna Drive Milwaukee, WI 53224 www.Dominiumapartments.com

Meetinghouse of Milwaukee Senior Community is your best option in apartment living! Amenities such as heated parking, community gathering spaces and fitness facility, our community is for the active ages 55 and better. Heat included. Choose from one and two bedroom apartments including patio/balcony and full size washer/dryer.

### OAK PARK PLACE

Stacy Lemley, Director of Sales / 414-292-0400 / 1621 Rivers Bend Wauwatosa, At Oak Park Place we want what you want: quality senior care and services for residents in a comfortable, friendly environment. Individualized services, life-enhancing amenities and compassionate staff are the foundation of all we do. Our assisted living and memory care apartments feature all the comforts tof home

### SAN CAMILLO

414-259-6310 / 10200 West Bluemound Wauwatosa, WI 53226 www.stcam.com

Spacious apartments for active adults in a secure and safe environment. Outstanding amenities including an atrium, stained-glass chapel, dining room offering chef prepared meals, library, country store, beauty salon, diverse activity schedule, fitness room and volunteer opportunities. 288 apartments with a variety of floor plans and sizes. Custom design center allows residents to customize their apartments. Continuum of care includes assisted living, skilled nursing, rehabilitation therapy, home care and hospice.

### THE SILVERNAIL SENIOR APARTMENTS

Lisa Lechner, Property Mgr. 1262-896-2100 / 2451 Silvernail Road, Pewaukee www.wimmerbrothers.com (Click on Senior Living)

Underground parking and laundry included in rent. An expansive array of recreational and lifestyle opportunities. On-site amenities such as chapel services, store, banking services, fitness room, wellness programs, crafts and a salon. Activities each month, socials, entertainment, movie nights, etc... Pet friendly and smoke free!! 24/7 emergency response system. Located within ½ mile from shopping! We invite you to come in for a tour! (Income Guidelines May Apply)





### RETIREMENT HOUSING GUIDE

SEPTEMBER 2015

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### STONEY CREEK ADULT COMMUNITY

Cindy Thiel / 414-422-4686S69 / W14142 Tess Corners Drive Muskego, WI 53150 www.stoneycreekadultcommunity.com

Stoney Creek is a beautiful campus on 10 country acres in Muskego. We offer spacious apartments for adults 55+ who want to remain independent. Many amenities make life easy with maintenance free living in a safe and family friendly environment. Come and see our property, you will be impressed!

### VMP MANOR PARK

Tamara Spredemann 414-607-4322 (Independent Living)
Christy Wiese 414-607-4104 (Assisted Living)
3023 S. 84<sup>th</sup> Street Milwaukee, WI 53227 / www.vmpcares.com

Peggy Savatski / 414-371-7316 (Independent and Assisted Living)
7300 West Dean Road Milwaukee, WI 53223/ www.vmpcares.com
VMP Manor Park and VMP Trinity provide a full continuum of care: independent living
apartments, assisted care, nursing care, short-term rehabilitation, and ventilator care.
VMP Senior Care no longer requires an endowment upon entry, and independent living
rentals are offered month to month. Our on-site Senior Community Club lives up to our
motto: "You're Never Too Old to Play!" Assisted living units are apartment-style with

three meals per day and 24/7 nursing care. On-site medical clinic and chapel.

### WELLSPRING OF MILWAUKEE

Tracy O'Neil, Dir. Of Admissions / 414-438-4360 9350 Fond du Lac Avenue Milwaukee 53226 www.wellspringhealthcarecenter.com

A beautifully renovated rehab and skilled nursing center serving Milwaukee and surrounding communities. We provide a wide spectrum of health care services and are home to one of the communities most advanced centers for short-term rehabilitation. Our health care programs include: Rehab for orthopedic, cardiac, stroke, respiratory, cancer and deconditioned needs; Short term sub-acute care; Skilled nursing care; Long-term care; Memory care; Respite care; Hospice and Palliative care.

### WILLIAMSTOWN BAY SENIOR APARTMENTS

Maria Dishong, Property Mgr.; Carole Lubritz, Leasing Specialist / 414-481-8580 3400 East Ramsey Ave, #111, Cudahy, WI 53110

www.williamstownbay.com

Pet friendly senior apartments, offering one and two bedrooms. We provide a bus to Woodman's monthly.



### COMFORCARE SENIOR SERVICES

262-674-1515 / Washington, Ozaukee, Fond du Lac, Sheboygan, Dodge, Waukesha, Jefferson & Milwaukee Co.

www.comforcare.com

Quality In-Home Care 24-hours per day/7days per week. Our caregivers keep individuals living independently and safely within their own homes. We perform "hands-off" services such as meal preparation, light housekeeping, laundry, medication reminders, etc. and "hands-on" services such as assistance with bathing, grooming, transportation, ambulation, etc. We don't want to change your life...we want to enhance it!

### INDEPENDENCE FIRST MOBILITY STORE

414-988-5333 / 3720 North 124<sup>th</sup> Street / Wauwatosa 53222 608-243-1785 / 2554 Advance Road / Madison 53718 www.inmobility.org

The Independence First Mobility Store is an innovative non-profit program that offers low cost, new and like-new refurbished medical equipment averaging 70% off retail price. Walkers, wheelchairs, lift chairs, grab bars, bath equipment and more! "Quality devices – affordable prices!"







### **Our Artist Series Continues**

### September 16 - November 11, 2015

### The Chudnow Museum's collection of World War I Art

We are proud to display the Chudnow Museum's WWI memorabilia and other items from the museum. The collection is from the estate of the late Avrum Chudnow and is an eclectic and extensive collection of 20th century Americana. The artwork tells the story of the time in dramatic and entertaining fashion.

Please drive past the Health Center to the Apartments.



10995 N. Market St., Mequon, WI 53092 262-478-1500 ceastman@JewishSeniorLiving.org SarahChudnow.org Like us on Facebook Follow us on Twitter @jsliving





# We Cater to Your Lifestyle

Our family of residences caters to the individual. Choose the lifestyle that makes you unique and tell us how you want to live your life. We'll make it work for you.

### IN THE SUBURBS:

Full continuum of care Sarah Chudnow Community 10995 N. Market St., Mequon www.sarahchudnow.org

### IN THE CITY:

Independent/Assisted Living Chai Point Senior Living 1400 N. Prospect Ave., Milw. www.chaipoint.org

Long-term and Memory Care; Rehab

Jewish Home and Care Center 1414 N. Prospect Ave., Milw. www.jhccmilwaukee.org



# HAVE IT ALL AT Clement Manor!



Your new lifestyle is waiting for you at CLEMENT MANOR

### COME FOR A VISIT AND SEE FOR YOURSELF!

Take a tour of our handsome, newly remodeled independent apartments.

### AT CLEMENT MANOR, YOU WILL:

- Have fun and meet interesting, new people
- Stay fit in mind, body and spirit
- Feel safe and secure
- Enjoy a variety of amazing amenities

### **WE'RE READY FOR YOU!**

For more information, contact Kim at 414.546.7000 or e-mail info@clementmanor.com.





### ETIREMENT HOUSING GUIDE

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### **PERSONAL CARE PLUS**

Kate Hayden / 414-220-8680 / 600 W. Virginia St. Suite 300 Milwaukee 53204 www.interfaithmilw.org

Interfaith Personal Care Plus provides quality housekeeping and personal care services throughout Milwaukee County. Interfaith Personal Care Plus is dedicated to helping older adults remain comfortably in their own homes. Our services are tailored to meet your needs and there are no contracts to sign.

### **RENT-A-DAUGHTER.LLC**

262-754-0550 or 414-479-0029 / 12660 W. North Ave. Brookfield, WI 53005 www.Rent-A-Daughter.com

Celebrating 30 years of caring...A seamless extension of the love and compassion of family, Rent-A-Daughter caregivers assist older adults with tasks of daily living: housekeeping, meals, errands, personal care, respite care and companionship, customized just for you. To achieve greater comfort and peace-of-mind, call Rent-A-Daughter today!

### SECURE AT HOME LLC

414-378-1938 / 866-670-0888 (toll free number) / 909 N. Mayfair Rd. Wauwatosa 53226

### www.Secureathomellc.com

Secure At Home is not just another Personal Emergency Response System. Utilizing state-of-the-art technology, we provide clients access to our staff of Social Workers and RNs. Secure At Home offers no contracts to sign, auto fall pendants, medication dispensers, GPS units. We are your local company that works hard to put the best product our with affordable prices.

### SENIORS HELPING SENIORS

Carol / 262-225-7978 / P. O. Box 208 Sussex, WI 53089 www.seniorcarewaukesha.com or carolrshs@gmail.com
Age in place with help from our loving, compassionate SENIOR care providers.
Discover the difference a senior friend will make in your life. We do it all ...
companionship, meal prep, light housekeeping, transportation or any other service.
Change your life today. Call Carol or Karl at Seniors Helping Seniors 262-225-7978.



# REAL ESTATE & MOVING SERVICES

### **BIELINSKI HOMES**

262-542-9494/1830 Meadow Lane, Suite A, Pewaukee, WI 53072 www.bielinski.com

A family owned and operated company since 1960, Bielinski Homes is Wisconsin's largest and most experienced new home builder having constructed more than 11,000 quality new homes and condominiums. Bielinski Homes is committed to building new homes, condominiums and neighborhoods that are well-crafted, innovative and meet today's lifestyle needs at an unbeatable value.

### **CUSTOM FIT REALTY LLC**

Susan Dakins & Melody Elliott / 262-894-0623

www.customfitrealty.com

At Custom Fit Realty we specialize in the art of negotiation and have many years of experience selling real estate, not only for seniors but also in helping Boomers deal with the sale of their parents home. We can help you navigate what can be a very difficult process. We will be with you every step of the way!

### UNIVERSAL SERVICES

Richard and Migdalia Zanon, Senior Move Specialists 262-257-0250 / www.universalserviceswi.com

The focus of Universal Services is to provide you with a turnkey moving experience. Our mission is patterned after the Golden Rule. We treat every senior that we work with as if they were our relative, and value their personal property as if it was our own. We are in the helping business and have over 24 years of moving experience.

# **BEST URBAN** PLACES TO

continued from page 3



- 1. Miami, Florida. With nearly 16% of its population over age 65, sunny Miami is our top place for retirees. Seniors can take advantage of the city's walkable layout and many beaches while enjoying relatively low average doctor and homemaker costs.
- 2. New Orleans, Louisiana. With milder winters and a low cost of living, the Big Easy is a good place to consider. Retirees in New Orleans enjoy a rich culture, festivals and great food.
- 3. El Paso, Texas. Compared to other major cities, El Paso boasts a very low cost of living, especially for older adults. The annual cost of in-home homemaker services is lower here than in any other place on our list.
- 4. Mesa, Arizona. Mesa is a popular location for retirees almost 16% of the city's residents are over 65. With its warm weather, many golf courses and a relatively low cost of living, this Phoenix suburb boasts many characteristics to attract older residents.
- 5. Corpus Christi, Texas. Retirees in Corpus Christi enjoy a very affordable lifestyle with the city's cost of living index at 92.07, which is among the lowest on our list, and the annual cost of homemaker services at a low \$33,176. Active adults can take advantage of local outdoor opportunities such as golfing, boating and fishing.
- 6. Tampa, Florida. Florida is a popular state for adults, and Tampa is among its best cities for retirees thanks to its moderate weather and a low cost of living. The city also boasts museums, performing arts venues, parks and golf courses.
- 7. Baltimore, Maryland. Baltimore offers retirees an urban and highly walkable city, along with the lowest average cost of a doctor's visit of the top 10 cities on our list. With more than 4,900 acres of parkland, performing arts draws such as the Baltimore Symphony Orchestra and various historical sites, the city provides its residents with many attractions.
- 8. Honolulu, Hawaii. This tourist destination is also a favorite place for retirees, nearly 18% of Honolulu's population is over 65, the largest percentage of any major city in the country. Although the cost of living is high, the tropical weather, beaches and many attractions help retirees enjoy a relaxed lifestyle.
- 9. Henderson, Nevada. Henderson has become a home for many retirees as its population of older residents has grown to just under 17%, the secondhighest percentage of all 75 cities. The city, about 15 miles southeast of Las Vegas, boasts dozens of hiking trails and is surrounded by mountains. Henderson also has a 6,000-square-foot downtown senior center that features a variety of programs.
- 10. Memphis, Tennessee. Memphis is an attractive place for retirees due to its high affordability: it boasts a cost-of-living index of just 84.91, the lowest of any major city in the U.S. The city also has a rich history in culture, music and the arts.

Livability.com is a website that ranks America's most livable small and mid-sized cities.





Making Life Easier Since 1985

### **Non-Medical Home Care**

Just like family, Rent-A-Daughter provides an extra pair of hands, a warm heart and a friendly smile to make each day easier. Call us when you or someone you love could use help with cooking, shopping, running errands and other domestic needs.

- **♥** Caregiving Services
- Respite Care for Families
- **♥** Housekeeping Services
- ♥ Errands
- ♥ Personal Care
- ♥ Meal Preparation

414 - 479 - 0029 262 - 754 - 0550

12660 W. North Ave., Brookfield www.Rent-A-Daughter.com







Our Caregivers are insured, bonded and screened through a 10-step hiring process which includes background screening and drug testing.

### "Promoting Quality of Life with a caring touch"

- Companionship Bathing & Grooming
- Personal Care
- Medication Reminders
- Frrands
- Light Housekeeping
- Fall Prevention Meal Preparation
- Respite Care

Transportation

- Alzheimer's Care
- Transfers
- Safety Supervision

### Supporting Independence, Dignity & Qualify of Life

Ozaukee & Washington Counties 262-674-1515 westbend@comforcare.com

Milwaukee & Waukesha Northeast 414-282-8606 milwaukeeN@comforcare.com

Waukesha, Milwaukee SE & Jefferson Counties 262-446-2000 waukeshawi@comforcare.com

Each office is independently owned & operated. Comforcare Senior Services is an equal opportunity employer

40% of Boomers plan to "work until I drop" according to an AARP survey.

### The New Gradual Retirement Working a little (or a lot) after 60 may become the norm

### Do we really want to retire at 65?

Not according to the latest annual retirement survev from the Transamerica Center for Retirement Studies which gauges the outlook of American workers. It found that 51% of us plan to work part-time once retired. Moreover, 64% of workers 60 and older wanted to work at least a little after 65 and 18% had no intention of retiring.

Are financial needs shaping these responses? Not entirely. While 61% of all those polled in the Transamerica survey cited income and employersponsored health benefits as major reasons to stay employed in the "third act" of life, 34% of respondents said they wanted to keep working because they enjoy their occupation or like the social and mental engagement of the workplace.

It seems "retirement" and "work" are no longer mutually exclusive. Not all of us have sufficiently large retirement nest eggs, so we strive to stay employed - to let our savings compound a little more, and to leave us with fewer years of retirement to fund.

We want to keep working into our mid-sixties because of two other realities as well. If you are a baby boomer and you retire before age 66 (or 67, in the case of those born 1960 and later), your monthly Social Security benefits will be smaller than if you

had worked until full retirement age. Additionally, we can qualify for Medicare at age 65.

We are sometimes cautioned that working too much in retirement may result in our Social Security benefits being taxed - but is there really such a thing as "too much" retirement income? Income aside, there is another question we all face.

How much control will we have over our retirement transition? In the Transamerica survey, 41% of respondents saw themselves making a gradual entry into retirement, shifting from full-time employment to part-time employment or another kind of work in their sixties.

Is that thinking realistic? It may or may not be. A recent Gallup survey of retirees found that 67% had left the workforce before age 65; just 18% had managed to work longer. Recent research from the Employee Benefit Retirement Institute fielded roughly the same results: 14% of retirees kept working after 65 and about half had been forced to stop working earlier than they planned due to layoffs, health issues or eldercare responsibilities.

If you do want to make a gradual retirement transition, what might help you do it? First of all, work on maintaining your health. The second priority: maintain and enhance your skill set, so that your

prospects for employment in your sixties are not reduced by separation from the latest technologies. Keep networking. Think about Plan B: if you are unable to continue working in your chosen career even parttime, what prospects might you have for creating income through financial decisions, self-employment or in other lines of work? How can you reduce your monthly expenses?

Provided by Tim Stasinoulias, RFC

Easing out of work & into retirement may be the new normal. Pessimistic analysts contend that many baby boomers will not be able to keep working past 65, no matter their aspirations. They may be wrong – just as this active, ambitious generation has changed America, it may also change the definition of retirement.



Timothy M. Stasinoulias is the Founder and CEO of Aegis Wealth Advisors, LLC. a Registered Investment Advisory firm in Hartland, WI. Review your financial strategy at 262.369.5200, or visit us at www.BoomersWealth.com to learn more. Providing guidance to individuals and families in transition as a result of retirement planning, sale of a business, divorce, or death. A frequent guest on FOX6 Wake-UP and named a Five Star Wealth Manager in 2013, 2014, and 2015.



3400 E. Ramsey Ave., Cudahy, WI • 414-481-8580

www.williamstownbay.com

Our campus includes three buildings totaling 144 units located just west of Packard Avenue.

3400 E. Ramsey is an all-electric building and includes our leasing office. 3350 and 3300 E. Ramsey buildings are heat included.

ONE and TWO BEDROOM apartment homes with various floor plans, elevator service, controlled access entry system, emergency pullcords, fully appointed community kitchen and sitting room with cable TV for social gatherings. All homes include appliances, dishwasher, air conditioning and garbage disposal. Laundry facilities on every floor. Worry free spacious surface parking for you and guests. On-site 24/7 emergency maintenance provided.

Pet friendly community - size limitations do apply.

the community room!

Spacious 1 & 2 Bedrooms **Available** 1 Bedroom starting at \$625

2 Bedroom starting at \$750

\*Income restrictions may apply.



Professionally managed by Oakbrook Corp

WiFi available in





## **ACTIVE ADULT COMMUNITIES (55+)\***

# Fall Rent Specials!

### BERKSHIRE WEST ALLIS

1414 S. 65th St. West Allis 414-258-2720

- · Spacious open floor plans
- · Heat, hot water included
- Free underground/surface parking
- · Elevator access to all floors
- · Courtyard with gazebo, BBQ grill
- Social activities
- Excercise room & classes
- Media Center & library
- Near historic West Allis shops, Farmer's market, Walgreens, Banks & Senior Center
- · Located on bus line
- Smoke Free Community
- · Pet Friendly



# BERKSHIRE Greendale

7010 W. Grange Ave. Greendale 414-421-4900



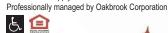
- Near Historic Downtown Greendale
   & Southridge Mall
- Spacious floor plans with walk-in closets
- · Balcony or patio with all homes
- · Heat & hot water included
- · Select homes with washers & dryers
- · Laundry rooms on each floor
- · Free underground/surface parking
- Business & fitness centers, community room & BBQ Patio
- . Pets Cherished
- No Smoking

### BERKSHIRE GRAFTON

1004 Beech St., Grafton **262-376-9661** 

- Convenient location in the heart of Downtown Grafton
- Heat & water Included
- Free underground/surface parking
- · Same floor laundry,
- storage & trash chute
   Patio or balcony for each unit
- Media center, fitness room, community room & patio for everyone's enjoyment
- Non-smoking complex
- · Pets welcome with limits





\*Income limits apply



### **Chicken Surprise**

A couple go for a meal at a Chinese restaurant, and order the 'Chicken Surprise'. The waiter brings the meal, served in a lidded cast iron pot.

Just as the wife is about to serve herself, the lid of the pot rises slightly and she briefly sees two beady little eyes looking around, before the lid slams back down.

"Good grief, did you see that?" she asks her husband.

He hadn't, so she asks him to look in the pot.

He reaches for it and again the lid rises and he sees two little eyes, looking around before it slams down. Rather perturbed, he calls the waiter over, explains what is happening, and demands an explanation.

'Please sir,' says the waiter, 'what you order?'

The husband replies, 'Chicken Surprise'

"Ah! So sorry," says the waiter, "I bring you Peeking Duck by mistake".

It was a really hot day and this blonde decided she would go buy a coke. She went to the coke machine and when she put her money in, a coke came out - so she kept putting money in.

And since it was such a hot day, a line had formed behind her. Finally, a guy on line said, "Will you hurry up? We're all hot and thirsty!"

And the blonde said, "No way. I'm still winning!

### WHY I'M DIVORCED

That morning. I went downstairs for breakfast hoping my husband would be pleasant and say, 'Happy Birthday,' and possibly have a small present for me.

As it turned out, he barely said good morning, let alone 'Happy Birthday.' I thought....well, that's marriage for you, but the kids.... they will remember. My kids came bouncing down stairs to breakfast and didn't say a word.

So when I left for the office I felt pretty low and somewhat dejected. As I walked into my office, my handsome boss, Rick, said, "Good morning pretty lady and 'Happy Birthday'!" It felt a little better that at least someone had remembered.

I worked until one o'clock, when Rick knocked on my door and said, "It's such a beautiful day outside, and it is your birthday, what do you say we go out to lunch, just you and me."

I said, "Thanks, Rick, that's the greatest thing I've heard all day. Let's go!"

We went to lunch. But we didn't go where we normally would go. He chose instead a quiet bistro with a private table. We had two martinis each and I enjoyed the meal tremendously... and his company. On the way back to the office, Rick said, "It's such a beautiful day...we don't need to go straight back to the office, do we?"

I responded, "I guess not. What do you have in mind?"

"Let's drop by my place, it's just around the corner." He said with a twinkle in his eye.

After arriving at his house, Rick turned to me and said, "If you don't mind, I'm going to step into the bedroom for just a moment. I'll be right back."

"Ok." I nervously replied with a giggle.

He went into the bedroom and, after a couple of minutes, he came out carrying a huge birthday cake, followed by my husband, my kids, and dozens of my friends and co-workers, all singing 'Happy Birthday.'

And I just sat there....on the couch....naked.



Lincoln Park



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### ODD WISCONSIN

# 1840s Group Experimented with New Form of Labor



The communal longhouse at Ceresco

By Michael Edmonds

The approach of Labor Day prompts this look at how some of our ancestors reorganized work. They thought the whole world might eventually follow their example.

In the spring of 1844, 70 friends led by Kenosha's Warren Chase pooled their money and bought land in Ripon for a commune they called Ceresco. They planted

crops, erected homes, constructed mills, started a school, and organized a lending library. Under their constitution, all decisions were made democratically and every person's labor was logged and credited to account.

Ceresco's ledgers showed that each year the collective made a profit. One season they harvested 10,000 bushels of wheat.

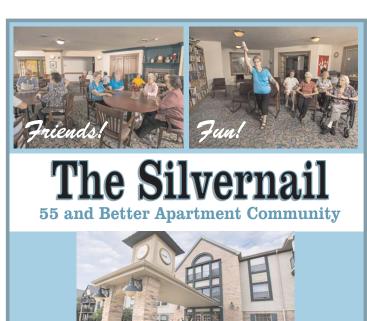
Members also swore off alcohol, gambling, and other vices. Chase wrote at the end of the first year, "intoxication, lawsuits, quarreling, and profane swearing never have, and with the present character and prevailing habits of our members, never can, find admittance into our society."

In many ways, the 1840s resembled the 1960s and Ceresco turned away three applicants for every new member it could accommodate. But Chase recalled that the commune also "was hated, despised, abused, slandered, lied about, and misrepresented, in all the country round about — mostly by preachers."

Early in 1850, its members voted to disband. Some felt they had nothing more to prove, while others just wanted to follow the California Gold Rush.

When accounts were settled and the books closed, Ceresco paid its original members 8% dividends on their initial investments, and they dispersed across the continent.

Sources: "Ceresco. History of a Famous Social Experiment." Chicago Times (26 September 1885); Titus, William. "Historic Spots in Wisconsin: Ceresco, A Pioneer Communist Settlement." Wisconsin Magazine of History, vol 5 no 1 (1921-1922): 57-62.





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### RETIRED HUSBAND

After I retired, my wife insisted that I accompany her on her trips to the department store.

Unfortunately, like most men, I found shopping boring and preferred to get in and get out. Equally unfortunate, my wife is like most women - she loves to browse.

Yesterday my dear wife received the following letter from the local Department Store:

Dear Mrs. Harris,

Over the past six months, your husband has caused quite a commotion in our store. We cannot tolerate this behavior and have been forced to ban both of you from the store. Our complaints against your husband, Mr. Harris, are listed below and are "documented by our video surveillance cameras".

June 15: He took 24 boxes of condoms and randomly put them in other people's carts when they weren't looking.

July 2: Set all the alarm clocks in Housewares to go off at 5-minute intervals.

July 19: Walked up to an employee and told her in an official voice, 'Code 3 in Housewares. Get on it right away'. This caused the employee to leave her assigned station and receive a reprimand from her Supervisor that in turn resulted with a union grievance, causing management to lose time and costing the company money.

August 4: Went to the Service Desk and tried to put a bag of M&Ms on layaway.

August 14: Moved a 'CAUTION - WET FLOOR' sign to a carpeted area.

August 15: Set up a tent in the camping department and told the children shoppers they could come in if they would bring pillows and blankets from the bedding department to which twenty children obliged.

August 23: When a clerk asked if they could help him he began crying and screamed, 'Why can't you people just leave me alone?' EMTs were called

**September 4:** Looked right into the security camera and used it as a mirror while he picked his nose.

**September 10:** While handling guns in the hunting department, he asked the clerk where the antidepressants were.

October 3: Darted around the Store suspiciously while loudly humming the 'Mission Impossible' theme.

October 6: In the auto department, he practiced his 'Madonna look' by using different sizes of funnels.

October 18: Hid in a clothing rack and when people browsed through, yelled 'PICK ME! PICK ME!'

October 22: When an announcement came over the loud speaker, he assumed the fetal position and screamed 'OH NO! IT'S THOSE VOICES AGAIN!

October 24: Took a box of condoms to the checkout clerk and asked where the fitting room was?

And last, but not least:

October 25: Went into a fitting room, shut the door, waited awhile, and then yelled very loudly, 'Hey! There's no toilet paper in here.' One of the clerks passed out.

His wife's graveside service was just barely finished, when there was a massive clap of thunder, followed by a tremendous bolt of lightning, accompanied by even more thunder rumbling in the distance...

The little, old man looked at the pastor and calmly said, "Well, she's there."

I used to think the brain was the most important organ. Then I thought, look what's telling me that.

### Crossword on page 30

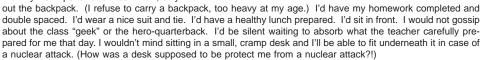
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# If only I could do it again, it'd be much different from the first time.

The first time I was drowsy from the early morning hour until recess when I perked up and then drowsy throughout the afternoon from lunch, and then I went home. This went on for eight years.

Grade school. Those formative years that somehow formed me in spite of myself.

If I returned now? Now, I'd awake sharpened with my No. 2 pencil and iPad in tow, only with-



GRADE SCHOOL

REVISITED

This time I'm serious about this education stuff. My grade school nuns had me pegged as an "empty vessel" waiting to be filled even though my spout was not very open. (see "drowsy" above.) This second time my vessel is already filled, sometimes overflowing, and I want to make sense of it all.

Is education wasted on the youth? I guess it is, in spite of what might sift through to get them going in life but my second time around would be challenging, cleansing and assimilating to my 62 years.

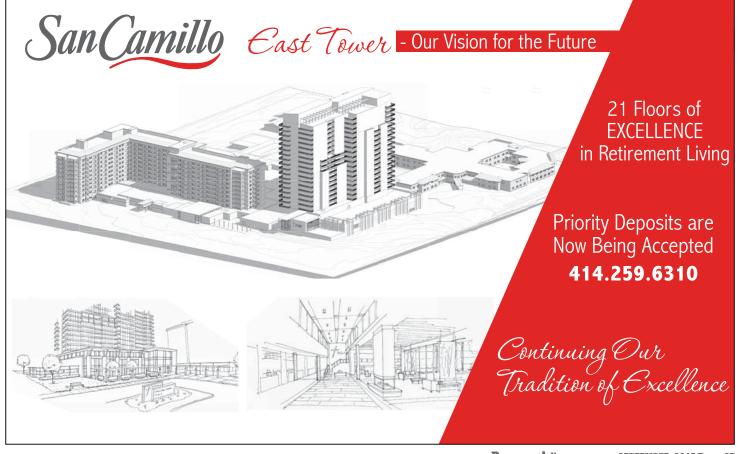
Now, when I raise my hand it is no longer to go to the bathroom to kill time but to ask a haunting question looking for life clues. I no longer need to impress the teacher, I need her to impress upon me how education integrates facts and knowledge into a synthesis that can refill and refine this aging vessel.

Yes, I would bring an apple to school only to nourish and not make her think better of me than the rest. I want her to survive another day to smooth out my rough edges of how history can be distorted and misused, how the U.S. empire is different from Rome's (perhaps a leap for grade school education, but it's worth a try!), what is important in life and what needs to be labeled relative.

After school, I'd dutifully go home (my own house since my parents are heavenly) and lay out the day's assignments that need my attention. I would delight in this second time challenge and I would luxuriate in the task before me that calls for critical thinking and discernment.

The following day (different suit, of course) I'd proudly present my carefully prepared analysis to my grade school teacher who would softly but firmly tear it apart piece by piece. The first time around I would have walked home wounded scared to show my parents. This second time around I would return home and eagerly start it all over again.

Rev. Joe Jagodensky, SDS is director of communications, Alexian Village of Milwaukee



### WORD SEARCH

L M E E S N D E V I L L A G E I R S N I T N A F N I M L L P R A Y E R Q R X F S T L I A C L E L V V G T F U D E P L E H R E C M W E E F E M A I E T O O A E I K N S R E M E M B E R N C U R A F T N U O C C A D A E F D O O O N C N D E U P M W X S T F O U R T H D D K V N J L E C T R E H N S I I C E S E C A I G O O S E T F E E N O D A S L T S O A C S A C E D V I K N H V E A B H T T R Y B T C E E D R W B N P S S Q G O V T E A C A D E M I C C E L E L C E C E R G N I A A L N W G E R A R U D E T U D O A E K

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QUIET

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### 3. Finally, find the N below without your finger. It's a little more difficult.

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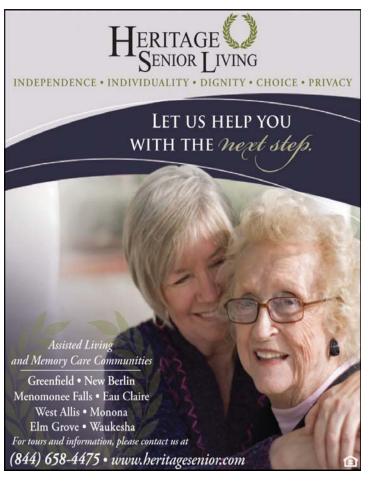


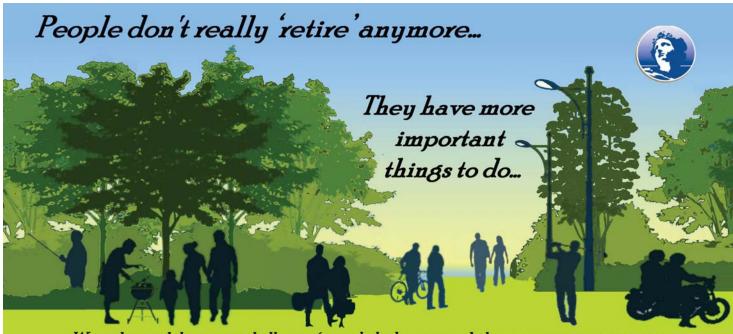
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MENOMONEE FALLS

Answers on page 27

27. Pucker up 28. Many human males

20. Gain access

31. Ordering others around

22. To maliciously end a life

25. Path behind buildings

32. Beware of Greeks bearing this

33. Present plural of BE

34. Really angry

35. Suspend

37. Attempt

A man walks into a toy store and asks Ray the owner how business is these days.

Ray, the owner, replies, "Well, I'll tell you this - bow and arrows are right on target, hula hoops are still around, yoyos are up and down and boomerrangs are coming back."

My mother-in-law fell down a wishing well, I was amazed, I never knew they worked.

29. That was ----, this is now

36. Insect circus performer

30. To previously compete

31. Ask for handout

35. Valentine organ

34. To wed

38. Contrast

I tried to talk my wife into buying a case of Miller Light for \$14.95.

Instead, she bought a jar of cold cream for \$7.95. I told her the beer would make her look better at night than the cold cream.

And then the fight started...

Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well preserved body, but rather to skid in sideways, chocolate in one hand, wine in the other, body thoroughly used up, totally worn out and screaming 'WOO HOO what a ride!'

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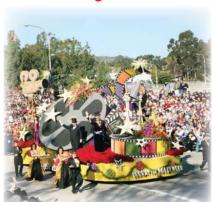
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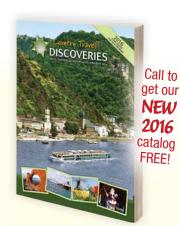
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